

# Welcome to the Diabetes Center at Children's Mercy

The Diabetes Center at Children's Mercy is recognized for being at the forefront for diabetes prevention, treatment, and research. Our experienced team is dedicated to clinical innovation and cutting-edge patient-centered care. We will be meeting with you in the next 24 hours.

## Where to go for education classes?

Classes are located at our Broadway clinic at :

**3101 Broadway Blvd, Kansas City, MO 64111.**

Endocrine/Diabetes Clinic is on the 6th floor. Following your clinic appointment, you will go up to the 9th floor for classes.

Parking is free. There is a parking garage attached to the building.

## Where to go on the weekends:

On the weekends, you will go to the admissions desk on the 1st floor of the hospital and will be directed to the Surgery Clinic.

**2401 Gillham Road, Kansas City, MO 64108.**

## Important phone numbers:

Diabetes Team (8AM to 4:30 PM) - 816-960-8802.

After hours and weekends—816-234-3000 Ask for the Diabetes Doctor On Call.

## When to call:

- Blood sugar reading HI on the meter.
- Blood sugar less than 70.
- Your child will have high blood sugars for the next several days.

## Dietary Restrictions:

- Regular soda, Gatorade/G2/Juice, Kool Aid , and sweet tea are not allowed.

## Blood Glucose Checks

- Check blood sugar before meals, bedtime, and 3AM.



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## What to expect

### Day 1: Education

- You will be given an appointment time by your provider.
- **You will need to eat breakfast prior to your appointment.**
- You will have a visit with a physician and then you will have educational classes for the rest of the day.
- You will meet with our team— a physician, certified diabetes educators— nurse and dietician, as well as a social worker.
- Lunch will be provided.
- We will provide you will prescriptions and supplies at your clinic appointment, and you will leave the clinic with the medications that you need.
- We will be giving you a notebook with all of the materials that you need.
- You will be working closely with our team for the until your clinic appointment. You will be messaging our educators daily through our patient portal (weekdays only) to review blood sugars. You will contact the on call team on the weekends.
- Your day will conclude by 4PM.

### Day 2: Education (1-2 weeks after your first visit):

- You will be given this appointment prior to leaving Day 1 education.
- You will have a visit with the physician and then have educational classes the rest of the day. Lunch will be provided.
- You day will conclude by 4PM.

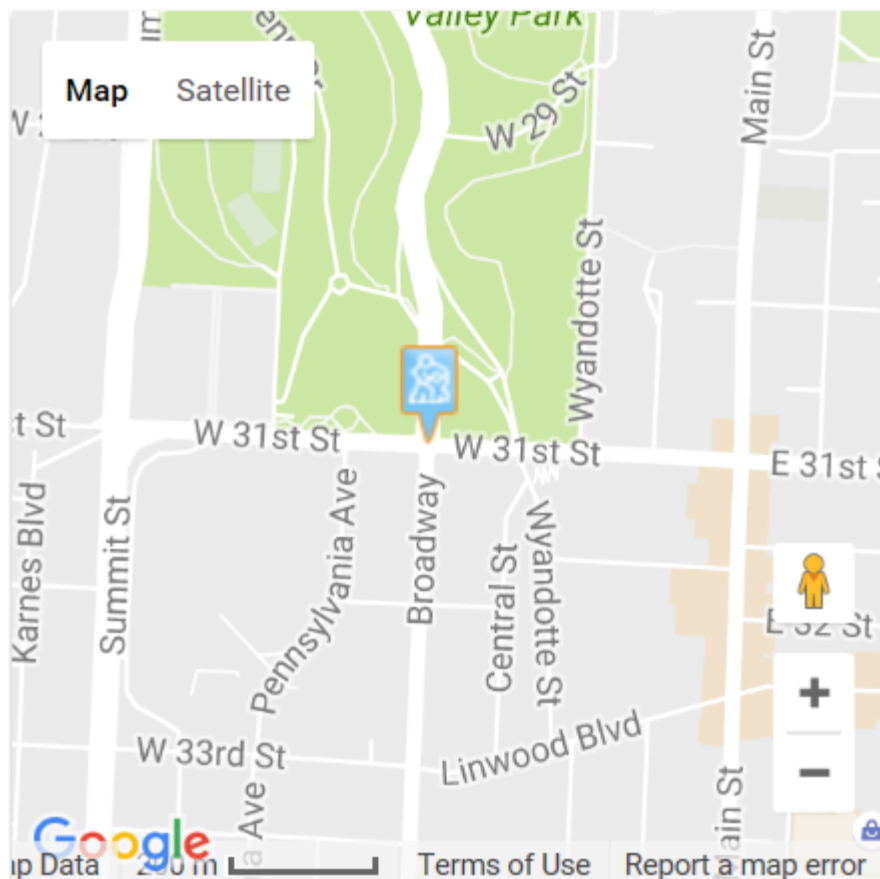
### One Month Follow up:

- You will be given this appointment prior to leaving Day 2 education.
- This will be a typical clinic visit. You will meet with the CDE first and then meet with your physicians/NP.
- We will review the information that you have previously learned.
- This visit will last approximately 2 hours.



# Broadway Clinic Map

Our Broadway clinic is located at the intersection of Broadway and 31st street. There is a parking garage attached to the building.



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