



**Inclusion criteria:**  
Any of the following:

- Volume equates to saturating a heavy absorbance pad/tampon more frequently than every 2 hours
- Excessive menstrual flow in duration of  $\geq 7$  days
- Bleeding is causing symptomatic anemia or lifestyle disturbance
- Bleeding unlikely to be due to ongoing contraception

**Exclusion criteria:**

- Hormonal bleeding with contraception
- Pregnancy
- Trauma
- Sexual assault
- Genital injury
- Known bleeding disorders

**Bleeding Disorder Risk Assessment Checklist\*:**  
Has the pt experienced any of the following:

1. Duration of menses  $\geq 7$  days?
2. Sensation of flooding or gushing during menses?
3. Need to change menstrual product more frequently than every 2 hours?
4. Impairment of daily activities due to heavy bleeding?
5. Prolonged bleeding with first menses ( $\geq 7$  days)?
6. History of excessive bleeding with tooth extraction or surgery?
7. If history of pregnancy, experienced excessive bleeding following delivery or miscarriage?
8. History of blood transfusion or medication for anemia due to menstrual bleeding?
9. Family history of a diagnosed bleeding disorder?

**If "Yes" to ANY questions, proceed to High Risk for Bleeding Disorder Assessment.**

*\*Adapted from The American College of Obstetrics and Gynecology screening tool*

