



SPERM BANKING 101

What is sperm banking?

Sperm banking is a way to save your own sperm. A lab freezes and keeps them so you can use them later to have kids when you are ready.

Why would I sperm bank?

Patients choose to sperm bank when they are receiving treatments that may decrease the number and/or quality of their sperm, making it more difficult for them to have kids. Treatments that can do this are certain chemotherapy drugs, surgeries that remove testicles or affect blood flow to the gonads and/or radiation to the brain or affecting the testicles.

Who can sperm bank?

You can donate sperm once you have gone through spermathe. Usually, this does not occur until you are around age 12. Signs that you have gone through this are that you have pubic hair, your testicles have grown in size and you have morning erections.

When do I donate?

You will want to donate sperm **BEFORE** starting any treatment that can affect your sperm. If you are unable to do this, ask your health care team about your options. If possible, it is best to donate two to three times prior to treatment with a day in between each donation.

Where can I donate?

KU Center for Advanced Reproductive Medicine

10777 Nall Avenue, Suite 200

Overland Park, KS 66211

Contact number: (913) 588-2229

Reproductive Resource Center of Greater Kansas City

12200 West 106th Street, Suite 120

Overland Park, KS 66215

Contact number: (913) 894-1199

Where can I get more information?

Ask your health care team. Some people feel uncomfortable or embarrassed to talk about this subject, but it is important. Your health care team is here to make sure you have all the information you need.

www.MyOncofertility.org

www.KidsHealth.org/teen

Follow links to Diseases and Conditions → Cancer and Tumors → Can I have children after cancer therapy.

www.livestrong.org/we-can-help/fertility-services/

This link has information on fertility preservation, but also on financial assistance.

How much will this cost?

Semen analysis is performed, which costs around \$150.

Freezing of the sperm is \$200. Storage is \$325 a year.

Some of these costs are discounted if they know you are a cancer patient. There is financial assistance available also through LiveSTRONG Fertility Services (see above).