**Division of Otolaryngology**

Documentation of Recurrent Tonsillitis

The American Academy of Otolaryngology – Head and Neck Surgery recommends these guidelines for tonsillectomy\*:

* 7 or more documented episodes of tonsillitis in 12 months, or
* At least 5 documented episodes of tonsillitis per year for 2 years, or
* At least 3 documented episodes of tonsillitis per year for 3 years

With documentation in medical record for each episode and 1 or more of the following:

* Temperature >38.3, cervical adenopathy, tonsillar exudate, or positive test for strep

OR Any of the following modifying factors:

* Multiple antibiotic allergies/intolerance
* PFAPA (periodic fever, aphthous stomatitis, pharyngitis, adenitis) Syndrome
* Greater than 1 peritonsillar abscess

**If you are requesting an appointment with ENT for recurrent tonsillitis,** please complete the following chart and send the corresponding medical records. The information requested must be collected from the clinician notes, not parent history.

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| --- | --- | --- | --- | --- |
| DATE OF EPISODE | COMPLAINT OF SORE THROAT? (YES/NO) | PRESENCE OF FEVER, CERVICAL ADENOPATHY, OR TONSILLAR EXUDATE? (YES/NO) | STREP TEST? (POSITIVE OR NEGATIVE) | TREATMENT |
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Patient Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DOB:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please fax to Children’s Mercy Ear, Nose and Throat Clinic at (816) 302-9896.

Provider Name and contact: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

This form can be found at [www.childrensmercy.org/providers](http://www.childrensmercy.org/providers) Click *Refer a Patient and* select ENT.

\*Mitchell, R.B., Archer, S.M., Ishman, S.L., Rosenfeld, R.M., Coles, S., Finestone, S.A., Friedman, N.R., Giordano, T., Hildrew, D.M., Kim, T.W., Lloyd, R.M., Parikh, S.R., Shulman, S.T., Walner, D.L., Walsh, S.A. and Nnacheta, L.C. (2019), Clinical Practice Guideline: Tonsillectomy in Children (Update). Otolaryngology–Head and Neck Surgery, 160: S1-S42.