



ATTENTION SCHOOL NURSES!!

Do you want the latest asthma equipment and educational materials to help your students who have asthma? Sign up **NOW** for the "Teaming Up for Asthma Control" program!

Teaming Up for Asthma Control® is an asthma program developed to provide school age children with asthma literacy to improve asthma control and students' self-management skills. Through participation in this program you will receive free asthma training, equipment and educational resources for students. The asthma equipment

*This student was not taking good control of his asthma, basically because he had no idea how to, nor did his parents. By the time the school year ended the student was set up to see the doctor (which he hadn't seen in a long time). He was also really excited to know if we could use these tools next year too! **

includes: 1) the In-Check Dial® to assess and coach inhalation technique, and 2) a digital flow meter to measure peak flow as well as a more sensitive measure of airflow – the forced expiratory volume in the first second (FEV1). Assessment of FEV1 can aid you in earlier detection of air flow obstruction that occurs with worsening asthma. There is no cost for you or your school district to participate. You will complete training through short video modules over a high speed

*One student who was visiting the office 3+ times weekly for nebulizer treatments as rescue meds decreased his office visits to maybe once weekly by the end of the program! **

Internet connection at your convenience. This training is based on current national asthma guidelines (Expert Panel Report 3 – EPR3, 2007).

*One student (in the trial) immediately noticed an improvement in lung function with proper usage. His light bulb went off! **

For more information regarding contact hours, please call Julie Patterson, 573-884-8629.

TUAC will provide you with a curriculum and educational resources to improve student and parent/caregiver understanding of asthma. **This student asthma literacy curriculum directly supports a partnership between the school nurse, student, parent and health care provider.** TUAC targets school age children ages 5 – 12 years with

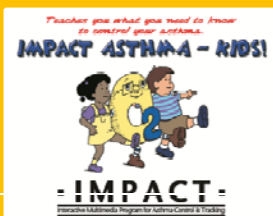
*One student started on an ICS mid way through the program, which she hadn't been on before! **

persistent asthma. Key asthma messages are delivered using a variety of materials including: a 15-minute asthma DVD/CD for you to use when students are in your health room and a student activity book with accompanying parent booklet with information and home activities with DVD for the family to watch and keep. TUAC uses IMPACT Asthma-Kids® media related to 4 key asthma messages. The 4 key asthma messages in the TUAC program are: 1) inhaled corticosteroids (ICS) taken every day improve asthma control; 2) airflow must be measured to know how much asthma is limiting breathing; 3) breathing medicines into the lungs requires practice and coaching; and 4) avoid triggers to keep asthma from getting worse.

This program is a game changer in asthma management. It gave me tools, technology, guidelines and education. It opens a door of communication between school nurse and doctor says a KC nurse.

If you are interested in participating in this program, email Tammy Rood roodtl@health.missouri.edu

Julie Patterson pattersonjw@health.missouri.edu You may also call 573-884-8629 for further information.



Visit this video link to see program clips and learn more:

http://asthmaready.org/training-programs/#_tuac

** Teaming Up for Asthma Control® has been shown to reduce the cost and burden of childhood asthma. Quotes were provided from pilot school nurses in response to the question: "Please provide any specific examples of how this program (TUAC) benefited students with asthma at your school." Evaluation of "Teaming Up for Asthma Control" was funded by the Centers for Disease Control and Prevention (CDC), Cooperative Agreement #5U59EH000510-05.*