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The Short on Antibiotic Shortages

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What are medication shortages and why do they occur?

Medication shortages occur when the **demand** for a medication **exceeds the available supply**.

This can be caused by a variety of issues including overuse, manufacturing issues, natural disasters or pandemics. The FDA publishes a list of current drug shortages located <u>here</u>.

Antibiotics are one of the most common medication classes impacted by shortages.

Antibiotic shortages can have a significant impact on both patients, healthcare providers, and pharmacies.



Shortages of first-line antibiotics often require use of alternative antibiotics or formulations (ex. capsules instead of liquid).

Most alternatives are still effective, but may be more **costly**, have more **side effects**, or contribute to **bacterial resistance** because of unnecessarily broad bacterial coverage.

Pediatric patients may struggle to take capsules or pills which is challenging when suspensions or liquids are not available.

Real Life Example: The Amoxicillin Shortage

Amoxicillin is an antibiotic used to treat a common infections including ear infections, pneumonia, and strep throat.

A shortage of amoxicillin liquid is occurring due to increased demand for the antibiotic in the setting of spikes in respiratory infections. Patients and caregivers have struggled to find the antibiotic stocked in retail pharmacies.

What can I do to help?

As a patient/caregiver:

- -For ear infections, consider <u>watchful waiting</u> if recommended by your prescriber
- -Understand antibiotics are not effective against viruses, which are highly prevalent
- -If prescribed an unfamiliar antibiotic, ask about how best to take it and what side effects to look out for

As a prescriber:

- -Be aware of current shortages and ideal alternatives
- -Use antibiotics only when necessary and for the <u>shortest durations</u> to improve current and prevent future shortages

All: Be patient with pharmacies during this busy time!

Click <u>Here</u> to Take a Short Quiz!



Author Dr. Annie Wirtz is the pharmacist director of the Antimicrobial Stewardship Program. She enjoys spending time with her boys, Charlie and Ollie, outside of work!