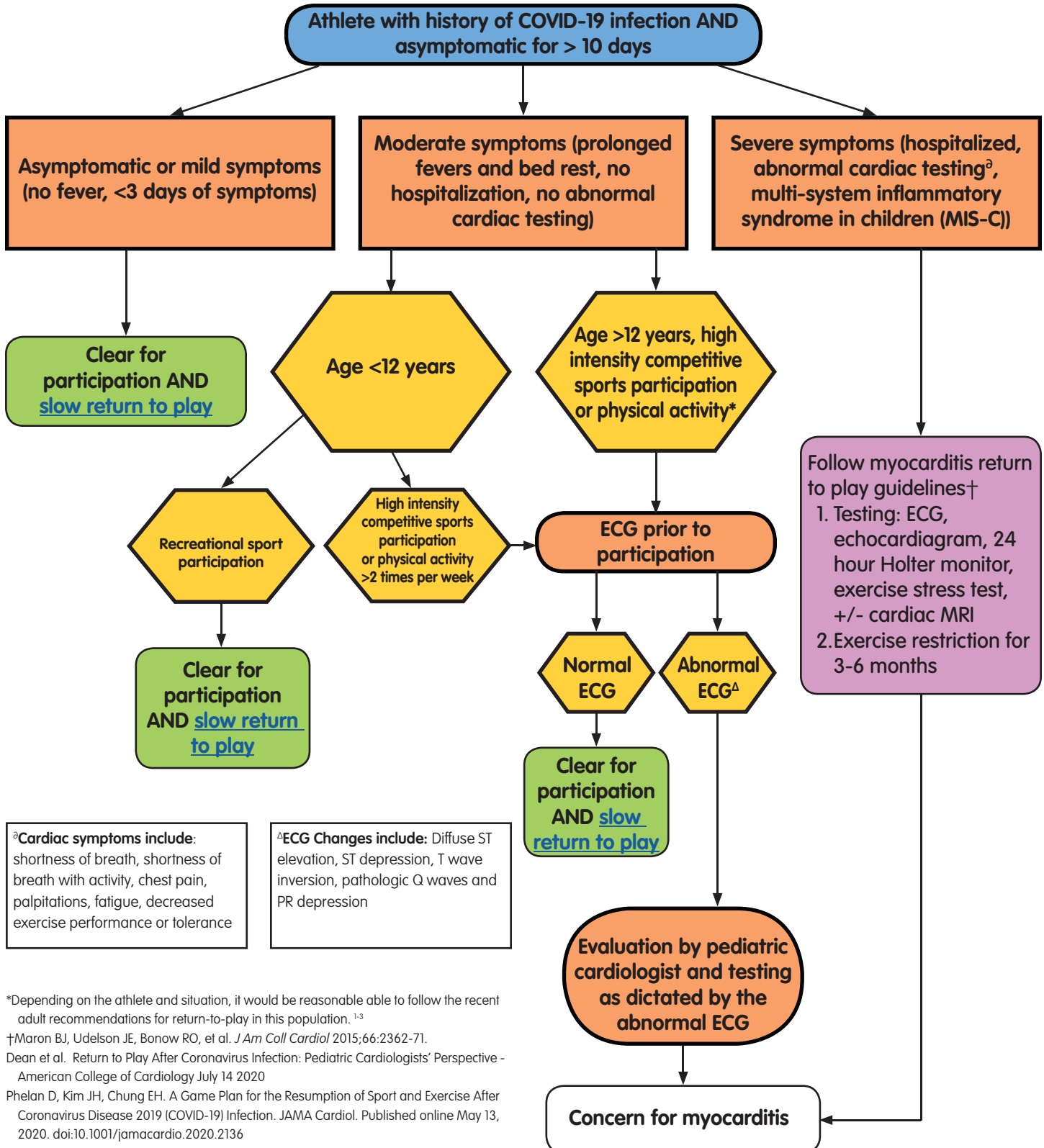


# RETURN TO PLAY AFTER COVID-19 INFECTION IN PEDIATRIC PATIENTS

(11/19/2020)



<sup>a</sup>Cardiac symptoms include: shortness of breath, shortness of breath with activity, chest pain, palpitations, fatigue, decreased exercise performance or tolerance

<sup>a</sup>ECG Changes include: Diffuse ST elevation, ST depression, T wave inversion, pathologic Q waves and PR depression

\*Depending on the athlete and situation, it would be reasonable able to follow the recent adult recommendations for return-to-play in this population.<sup>1-3</sup>

†Maron BJ, Udelson JE, Bonow RO, et al. *J Am Coll Cardiol* 2015;66:2362-71.  
Dean et al. Return to Play After Coronavirus Infection: Pediatric Cardiologists' Perspective - American College of Cardiology July 14 2020

Phelan D, Kim JH, Chung EH. A Game Plan for the Resumption of Sport and Exercise After Coronavirus Disease 2019 (COVID-19) Infection. *JAMA Cardiol*. Published online May 13, 2020. doi:10.1001/jamacardio.2020.2136