Clean Catch Urine Collection for Lab Testing

Container:
- CMH provided containers must be used – do not use household materials
- Cup with screw cap
- Wipes
- Store in a refrigerator
- Label – the container must have your child’s name and date of birth

Collection:
1. Wash your hands
2. Open the cup – do NOT touch the inside
3. Clean the skin where the urine comes out
   a. Use all 3 wipes
4. Begin to urinate into the toilet – stand or sit as you normally would
5. Then, move the cup to catch some of the urine
   a. You do not have to fill the cup
   b. Urine may get on the outside of the cup
6. Finish urinating into the toilet
7. Put the lid on the cup – do NOT touch the inside
8. Wash your hands

Important:

Return container to the CMH Laboratory within 24 hours of collection

Specimens received more than 24 hours after collection may have to be recollected

Questions? Please call your child’s doctor or clinic or the Children’s Mercy Hospital Information Line at (816) 234-3188