

Clean Catch Urine Collection for Lab Testing

Container:

- *CMH provided containers must be used – do not use household materials*
- Cup with screw cap
- Wipes
- Store in a refrigerator
- Label – the container must have your child's name and date of birth

Collection:

1. Wash your hands
2. Open the cup – do NOT touch the inside
3. Clean the skin where the urine comes out
 - a. Use all 3 wipes
4. Begin to urinate into the toilet – stand or sit as you normally would
5. Then, move the cup to catch some of the urine
 - a. You do not have to fill the cup
 - b. Urine may get on the outside of the cup
6. Finish urinating into the toilet
7. Put the lid on the cup – do NOT touch the inside
8. Wash your hands

Important:

Return container to the CMH Laboratory within 24 hours of collection

Specimens received more than 24 hours after collection may have to be recollected