



Weekly Menu

January, 14th thru January, 20th

[Monday](#)

[Tuesday](#)

[Wednesday](#)

[Thursday](#)

[Friday](#)

[Saturday](#)

[Sunday](#)

For Patients – Market, Deli, Mindful, and Grill are available.

(Items may change)

**Orbits Café Hours:
Breakfast 6am to 10am; Lunch 11am to 2pm; Dinner 4pm to 8pm**

Monday

Market

Crispy Baked Catfish
Blackened Pork loin & Verde Salsa
Oven Roasted Garlic Red Potatoes
Grilled Fresh Vegetables
California Mixed Vegetables
Corn

Broccoli

Pizza

Italian Sausage
Pepperoni
Cheese

Mindful

Beef and Grilled Peach Salad

Fruit Station

Macaroni Salad
Citrus Slaw
Fresh fruit

Action Station

Buffalo Chicken Topper

Deli

Roast Beef and Cheddar

Grill

Grilled Turkey Melt on Sour Dough

Soup

Mediterranean Vegetable Soup
Potato Leak
Orange Muffins

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Orbits Café Hours:
Breakfast 6am to 10am; Lunch 11am to 2pm; Dinner 4pm to 8pm

Tuesday

Market

Seasoned Alaskan Sole
Baked Penne w/ Chicken & Mushrooms
Spinach Soufflé
Fresh Ginger Carrots
Mashed Potato
Chicken Gravy
Green Beans
Herb Oven Roasted Potatoes

Pizza

Cheese
Pepperoni
Chicken Quesadilla pizza

Mindful

Southwest Pork Panini

Fruit Station

Gazpacho Pasta Salad
Cucumber Minted Salad
Fresh Fruit Salad

Action Station

Acapulco Chicken Wrap

Deli

Smoked Ham, Turkey & Swiss

Grill

Santa Fe Chicken Breast Sandwich

Soup

Green Chili Pork Soup
Cream of Mushroom
Blueberry Muffin

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Orbits Café Hours:
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Wednesday

Market

Cajun Pecan Chicken
Chipotle Cod Crostini
Oven Brown Potatoes
Wild Rice
Broccoli
Summer Squash Medley
Aztec Corn

Pizza

Cheese
Pepperoni
Ground Beef Pizza

Mindful

Greek Spiced Shrimp Gyro

Fruit Station

Sugar Snap Salad
Spiced Carrot Salad
Fresh Fruit Salad

Action Station

Orecchiette Pasta

Deli

Roasted Vegetables on multi-grain

Grill

Chicken Parmesan on Bun

Soup

Beef Vegetable Soup
Cream of Broccoli Soup
Biscuits

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**Orbits Café Hours:
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Thursday

Market

Turkey Quinoa Stuffed Peppers
Tuna Noodle Casserole
Yukon Smashed Potatoes
Chicken Gravy
Au Gratin Potato
Green Peas
Grilled Fresh Vegetables
Collard Green w/ham

Pizza

Basil Chicken & Red pepper
Cheese
Pepperoni

Mindful

Turkey Meatball Sub

Fruit Station

Chickpea, Tomato, Green Onion Salad
Cole Slaw with Apples
Fresh Fruit Salad

Action Station

Street Style Shredded Chicken Taco

Deli

Peppered Turkey and Guacamole

Grill

Philly Cheesesteak Sandwich

Soup

Chicken Tortilla Soup
Three Grain & Roast Vegetable Soup
Jalapeno Cornbread

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**Orbits Café Hours:
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Friday

Market

Herb Salmon
Beef Stroganoff w/ Egg Noodles
Mashed Potatoes
Beef Gravy
Green Beans
Brussels sprouts
Rice Pilaf
Succotash

Pizza

Cheese
Pepperoni
Mediterranean Pizza

Mindful

English-Battered Cod

Fruit Station

Tabbouleh Salad
Seafood Salad
Fresh Fruit Salad

Action Station

General Tso's Chicken

Deli

Italian Deli Wrap

Grill

Salmon Burger

Soup

Mushroom Portabella Soup
Asian Vegetable Soup
Southwestern Drop Biscuits

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**Orbits Café Hours:
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Saturday

Market

Chicken Breast Marsala
Beef Macaroni
Whipped Potatoes
Green Peas
Chicken Gravy
Fresh Broccoli
Au Gratin Potato
Sliced Carrot

Pizza

Cheese
Pepperoni
Ground Beef

Mindful

Station is Closed

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Classic Chef Jazz Salad Wrap

Grill

Italian Sausage on Hoagie Bun

Soup

Chicken Noodle Soup
Biscuits

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**Orbits Café Hours:
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Sunday

Market

Napa Valley Glazed Salmon
Rosemary Roast Pork loin
Brown Gravy
Turmeric Rice
Candied Sweet Potatoes
Roasted Corn
Steamed Spinach
Mixed Vegetables
Sautéed Fresh Zucchini

Pizza

Cheese
Pepperoni
Ground Beef

Mindful

Station is Closed

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Italian Sub

Grill

Chicken Parmesan

Soup

Seven Bean Vegan Soup
Blueberry Muffins

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