

Medications:

Be able to name what medications I take. It is important to give a list to anyone involved in my health care.

Provide an updated list of your medicines to your new doctor(s), school nurse, and college campus health clinic. Make sure you know the following:

- The name of the medicine. (some are brand name, some are generic)
- The dose you take and when you take it.
 - » You can find this on the label of the medication.
 - » You can also ask your caregiver.
- How the medication affects you and your medical condition.
 - » A pharmacist or your doctor would be a good persona to ask how your medication affects your body and medical condition.

UNDERSTANDING YOUR MEDICATION BOTTLES

Pharmacy name and address

Number used by the pharmacy to identify this medication for your refills

Person who gets this medication

Instructions on how much and how often to take this medication

Name of medication and strength of medication

Number of refills before certain date

Doctor's name

Pharmacy phone number

Prescription fill date

Don't use this medication past this date

