

Adult Provider:

Work with my team to find and contact a new adult provider.

As you get older, you will need to transition from your pediatric doctors. You will need to find new doctors who care for adults. You will need a primary care doctor, specialty care doctors and mental health providers.

- Ask your pediatric doctors whom they suggest.
- You can also ask friends and family.
- You can search the Internet to find adult doctors.
- Children's Mercy also has a list of adult doctors on our website.
- Don't forget to check with your insurance to see if it will cover your new doctor.

Remember, you may need to visit more than one doctor before you find the best one for you. Scan the QR code for more information.



Questions for a new adult medical provider:

1. Do you have experience with my medical condition?
2. Can I get an appointment quickly if I am sick?
3. How long does it take to get a routine appointment?
4. Is there a fee for a missed appointment?
5. Will you remind me of my appointment?
6. Who covers for the doctor when they are away?
7. How quickly will you return my call?
8. Do you have a patient portal?
9. Is clinic staff available after hours?

Tips for preparing for the first medical appointment:

1. Write Down: questions you have for your new doctor
2. Keep: List of medications, take a picture of pill bottles on your phone
3. Enter your new doctor's contact information in your cell phone
4. Keep: a copy of your health insurance card and photo ID in your wallet
5. Keep: a copy of your medical summary from your pediatric provider
6. Find Out: where to go in case of an emergency
7. Sign Up: for new patient portal