TRANSITION PROGRAM

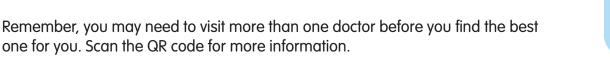


Adult Provider:

Work with my team to find and contact a new adult provider.

As you get older, you will need to transition from your pediatric doctors. You will need to find new doctors who care for adults. You will need a primary care doctor, specialty care doctors and mental health providers.

- Ask your pediatric doctors whom they suggest.
- You can also ask friends and family.
- You can search the Internet to find adult doctors.
- Children's Mercy also has a list of adult doctors on our website.
- Don't forget to check with your insurance to see if it will cover your new doctor.





Questions for a new adult medical provider:

- 1. Do you have experience with my medical condition?
- 2. Can I get an appointment quickly if I am sick?
- 3. How long does it take to get a routine appointment?
- 4. Is there a fee for a missed appointment?
- 5. Will you remind me of my appointment?
- 6. Who covers for the doctor when they are away?
- 7. How quickly will you return my call?
- 8. Do you have a patient portal?
- 9. Is clinic staff available after hours?

Tips for preparing for the first medical appointment:

- Write Down: questions you have for your new doctor
- 2. Keep: List of medications, take a picture of pill bottles on your phone
- 3. Enter your new doctor's contact information in your cell phone
- 4. Keep: a copy of your health insurance card and photo ID in your wallet
- 5. Keep: a copy of your medical summary from your pediatric provider
- 6. Find Out: where to go in case of an emergency
- 7. Sign Up: for new patient portal

