TRANSITION PROGRAM



Adult Provider (Medical Complexity):

Work with my team to find and contact a new adult provider.

As you get older, you will need to transition from your pediatric doctors. You will need to find new doctors who care for adults. You will need a primary care doctor, specialty care doctors and mental health providers.

- Ask your pediatric doctors whom they suggest.
- You can also ask friends and family.
- You can search the Internet to find adult doctors.
- Children's Mercy also has a list of adult doctors on our website.
- Don't forget to check with your insurance to see if it will cover your new doctor.



Remember, you may need to visit more than one doctor before you find the best one for you. Scan the QR code for more information.

Questions for adult providers of young adults with medical complexity:

- 1. Do you have experience with my young adults medical dx or have a network of specialists you can refer to?
- 2. Do you have experience working with young adults with special health care needs and IDD?
- 3. Is your clinic set up to accommodate medical equipment?
- 4. Does your clinic have a wheelchair scale available?
- 5. Do you accept Medicaid? Do you accept my health insurance?
- 6. What hospital system do you refer to?
- 7. Can you refer to Care Coordination and/or Social Work for needed support?
- 8. Can I reach a provider after hours for a consultation in case of an emergency?
- 9. Can I call or email for non-emergent situations?
- 10. Are same-day appointments available if needed?
- 11. If you are unavailable, who should I expect to see instead?
- 12. Do you feel comfortable managing tube feedings?
- 13. Do you have access to a dietician for consultation if needed?

