Welcome

Weighing In
Quarterly Meeting
Community in the Driver’s Seat: Shared Governance for a Mobile Market

Matt Kleinmann

Doctoral Student at the University of KS, School of Architecture and Design, and Co-Director, Dotte Agency
Updates

Healthy Lifestyles Initiative (HLI)

Early Childhood

Healthy Schools

Other
Early Childhood

Next meeting:
Date: Tuesday, January 14th, 2020
Time: 1:15-3:00 p.m.
Location: Univ. of MO Extension
105 E. 5th St., Suite 200
KCMO

Welcome our new co-chair, Rhonda Erpelding!
Healthy Schools

Next meeting:
Date: Tuesday, January 14\textsuperscript{th}, 2020
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Location: Univ. of MO Extension
105 E. 5\textsuperscript{th} St., Suite 200
KCMO
Family-Based Behavioral Treatment for Low-Income Children with Obesity

Sarah Hampl, MD

She is involved on the state level in MO to advocate for improved childhood obesity prevention programs and treatment services.
Check it out!

Who:
The KCMO Health Department has partnered with the Harvesters Community Food Network to help individuals and families in need of food assistance.

What:
Variety fruits and vegetables available at no cost to you

When:
2nd Tuesday of each month, starting at 1pm until supplies run out

Where:
KCMO Health Department in the UMKC Health Sciences District
2400 Troost Ave., Kansas City, MO 64108
January MOCAN Meeting: Capitol Visit

Tuesday, January 14, 2020
11:00am – 3:30pm (lunch provided)
Missouri State Capitol
201 W Capitol Ave
Jefferson City, MO 65101

Remote locations (11am-1pm): MU Extension in Jackson County, Downtown KC, MO
Other Updates

I KNOW WHEN YOU’VE BEEN RUNNING, I KNOW WHEN YOU LIFT WEIGHTS

KNOW IF YOUR FORM IS BAD OR GOOD AND HOW MANY SCOOPS IN YOUR PROTEIN SHAKES
Thank you!

Next Weighing In Quarterly Meeting
March, 2020
More information to come!
Kauffman Foundation Conference Center

Don’t forget to turn in your evaluations