



## Healthy Schools Working Group Meeting Highlights

July 24, 2019

Kansas City, KS Public School Central Offices

2010 N. 59<sup>th</sup> Street, Kansas City, KS 66104

**Attendees:** Stephanie Dickson, KCK Public Schools; Robyn Stuewe, Midwest Dairy Council; Karl Kraemer, BikeWalk KC; Jay Roberson, Shelly Summar, Elizabeth Wilson, & Emily DeWit, Children's Mercy; Jan Hansen, COR backpack program & Community for Kids; MaryAnna Henggeler & Meghan Senne, Jackson County Health Department; Katey Bennett, Score 1 Kansas City University.

### Partner Spotlight

- *Stephanie Dickson, Kansas City, Kansas Public Schools* gave an overview of CDC's [PECAT](#) (Physical Education Curriculum Analysis Tool). The KCK School District had purchased a k-12<sup>th</sup> grade Spark PE curriculum and the PECAT helped them take a deep dive into reviewing the national standards & identify what resources are currently available and what resources are still needed to successfully implement standards (and grade level outcomes) district-wide. Completing the PECAT provided recommendations and action plan steps which are critical to implementing evidence-based standards. Data from the assessment set the stage for dialogue with district administration which resulted in an increase in professional development for physical education teachers across the district. The presentation and discussion sparked interest in exploring whether local health departments could play a role to support schools in using the PECAT to strengthen the implementation of physical education and health education curriculum.
- Elizabeth Wilson, *Weighing In, Children's Mercy* shared her work in creating a community profile as a first step in the development of a KC Regional Physical Activity Plan (based on the [National Physical Activity Plan](#)). This profile is a comprehensive collection of data that includes state and local physical activity policies and programming in five sectors of the KC metro. She shared data sources she has gathered within the school sector and encourages others to contribute any additional data measures that are not currently a part of this profile. The primary aim of the project is to identify community assets and gaps along the socio-ecological model for the KC area. You can see the current work [here](#). Please contact Elizabeth at [ejwilson@cmh.edu](mailto:ejwilson@cmh.edu) with any additions or questions.

### Additional Updates/Resources

- Missouri School Breakfast Coalition in conjunction with Operation Food Search is working to build a coalition to work toward the goal of reaching the national benchmark for school breakfast participation in Missouri schools. Click [here](#) to view coalition goals, expectations and membership information. Contact Sarah at [sarah.swearer@OperationFoodSearch.org](mailto:sarah.swearer@OperationFoodSearch.org) for more information.
- KC Healthy Kids' *Champions for Health Photo Contest* will be running from August to the first week of December. [Michelle Dake](#) is available to meet with classrooms to help brainstorm ideas, take pictures and complete the final submission to make it easy as possible for teachers. Learn contest details at <https://www.kchealthykids.org/about-us/champions-for-health-photo-contest/>.

**Next Meeting:** October 3, 2019 from 2:00-3:30 p.m. at Center for Children’s Healthy Lifestyles & Nutrition, first floor conference room, 610 E. 22<sup>nd</sup> Street, KCMO 64108

**Next Weighing In Quarterly Meeting:** September 12, 2019 at Kauffman Conference Center, 4801 Rockhill Road, Kansas City, MO 64110. You can register for that meeting [here](#).

Have you missed a meeting? Find meeting highlights at:

<https://www.childrensmercy.org/in-the-community/weighing-in/healthy-schools/>