

Healthy Schools Working Group Meeting

Date: November 17, 2016

Where: Don Chisholm - 1st floor Conference Room

<u>Attendee Name</u>	<u>Place of Business</u>	<u>Email</u>
Connie Farakhon	KCMO Health Dept	Connie.farakhon@kcmo.org
Emily DeWit	CMH	eldewit@cmh.edu
Jennifer Oakley	CMH	jroakley@cmh.edu
Robyn Stuewe	Midwest Dairy Council	
Josh Mathiasmeier	KCKPS, Nutrition	
Kyle Palmer	LPS, Principal	
Chris Gabriel	LPS, Principal	
Lauren Grimes	KCMO Schools	
Kate Lesnar	L-CHAT	
Leslie Wilson	KC Healthy Kids	
Stephanie Dickson	KCKPS	
Kristen Hankins	CMH, STAR POWER	

Notes

- **Josh, KCKPS Nutrition**
 - o Participated in School Wellness Policies Workshop (KCMO HD & CMH sponsored)
 - o 3 participating school districts: Grandview, Liberty & KCKPS
 - o Benefits: re-engaging wellness, best practices, frameworks, expertise and identifying barriers, gaps & challenges to implementing school wellness policies.
- **Robyn, Midwest Dairy Council, Farm to School Resources**
 - o Dairy month (June)
 - o Milk harvesting and farm tours
 - No cost to visit
 - Request via website

- Discover Dairy site
- Welcome to the Farm site
- KS & MO funding approx. 280,000 schools
- **Chris & Kyle, LPS**
 - Biggest barrier: Impact of b-day treats brought to school
 - Food allergies, uncontrolled food production
 - Favorite food for b-day parties were cupcakes, Wal-Mart bakery, approx. 4 inches of frosting, snack not a healthy choice
 - Could have 3-4 b-days per week
 - Consuming 3-4 cupcakes per week
 - Too many students in the hallways delivering treats to staff and other friends (reducing time in the classroom)
 - Changing the ways to celebrate
 - Fun novelty items (pens, b-day books, erasers, etc.)
 - Announcing over the system
 - Team collaboration to make a decision
 - Sent communications to parents in several different ways (text, phone, e-mail, USPS mail, etc.)
 - PTA involvement (most engaged parents)
 - Very little pushback
 - Buy in from parents strong- had established trust in principal prior to implementation (both served 6+ years in their building)
 - Multiple communications about new policy were sent to parents. Communications were written in a way that highlighted the positive benefits of choosing non-food alternatives to celebrating birthdays.