



Healthy Schools Working Group Agenda With Highlights

July 11, 2018 2:30-4:00 p.m.

Center for Children's Healthy Lifestyles & Nutrition (Don Chisholm- first floor conference room)
610 E. 22nd Street, Kansas City, MO 64108

- I. Introductions/Attendees: Rachael McGinnis Millsap, KC Healthy Kids; Denise Sullivan, MU Extension; Emily DeWit & Shelly Summar, Children's Mercy; Karl Kraemer, BikeWalkKC; MaryAnna Henggeler, Crystal Fritz & Hannah Ebling-Artz,, Kansas City Community Gardens; Justin Moss, Truman Medical Centers; Katey Bennett, Annette Campbell, & Perry Weidling, Score 1 for Health; Kaitie Brakke, Jackson County HD

- II. Partner Spotlights
 - Justin Moss, TMC Healthy Harvest Mobile Market
 - Updated summer mobile market schedules will be available by the end of July. The mobile market has partnered with Boys and Girls Club over the summer to deliver free produce for families and deliver "farm vs. factory" activities for children in k-5th grades. The mobile market will pilot "Your Health is Your Wealth" program in one KC Public junior high this upcoming school year. They will also be participating the district's August kickoff event.

 - Annette Campbell, Katey Bennett & Perry Weidling, Score 1 for Health
 - This is Score 1 for Health's 25th anniversary! 13,000 children in KS/MO are served each year. They provide free, in-school health screenings to elementary aged children in need. CHAMPS (**C**oaching **H**ealth **A**nd **M**ovement **P**rogram with **S**tudents) provides families with 6-8 visits for health coaching with a KCU medical student. CHAMPS clubs take place on site at several schools where they've had up to 30 participants. Check out their list of nutrition and physical activity resources [here](#).

 - Rachael McGinnis Millsap, KC Healthy Kids
 - The former "I am Here" program has a new name (Champions for Health), a new program guide, and updated learning standards for 2018. Learn more details [here](#). Rachael shared Splitlog Farm's success story which involves giving free, fresh produce to the surrounding neighborhoods of this urban farm in KCK. The Farm to School Academy engages the entire school community with everything from Food Service Leadership Roundtables to a Grow a Garden comprehensive classroom toolkit. Learn more about their efforts to raise awareness, build excitement around local food sources and bring more fresh, local foods to schools [here](#).

- III. Resources
 - Obesity Summit website with resources including speaker presentations:
<https://www.2018regionviichildhoodobesitysummit.com/index.php>

- 11 school wellness policy documents with updated links:
<https://www.childrensmercy.org/WeighingIn/>
- Sneak peek at FitTastic.org
 - The new FitTastic.org website will launch a fresh, updated look soon! The updated site will be mobile friendly, easier to navigate and include filtering options when searching for resources. A survey will be sent to our listserv in order to gather your input on how we can best connect to school resources on the school section of the site.

IV. Additional Updates

V. Networking

Next Meeting Date: Thursday, November 1, 2018 from 2:30-4:00 at Don Chisholm/Center for Children's Healthy Lifestyles & Nutrition (610 E. 22nd Street, KCMO 64108)

Healthy School's Working Group Mission: *Schools and community agencies collaborate to improve the food and physical activity environment, policies, and practices to enhance health and academic success of school age children.*

