

Healthy Schools Committee Meeting Highlights

January 13, 2016

Don Chisholm Center, 610 E. 22nd Street, KCMO, 1st Floor Conference Room

Those Attending: Emily DeWit, Children's Mercy; Julie Alsup, Kansas City YMCA; Amanda Grodie, Jackson County Health Department; Kate Lesnar, Liberty Community Health Action Team; Sharon Morris, Blue Valley School District; Ximena Somoza, Clay County Public Health Center; Melissa Ussery, Score 1 for Health; Tiffany Svorinic, North Kansas City Schools; Tamra Thole, Liberty Health Action Team and Connie Farakhan, KCMO Health Department.

- Healthy Schools PowerPoint Presentation and HLI Overview
Emily DeWit shared the Healthy Schools Committee Charter with the group (updated January 2014). A PowerPoint presentation reviewed the barriers that were identified from the Wellness Policy Assessment conducted in 2012. The presentation also showed how the data from that assessment drove the committee's work that developed 11 school policy resource documents. Data from a December 2015 survey was also shared. That survey (given to committee members) identified current barriers in schools in regard to implementing school wellness policies. The Healthy Lifestyle Initiative charter was introduced. The committee discussed how the HLI framework could support school wellness policy implementation. A current list of HLI school partners was shared with the committee.
- Julie Alsup shared the committee's action plan and guided the group to review what tasks have been completed, what work is in progress, and what needs to be addressed.
- Questions were raised regarding what type of data is currently being tracked in relation to childhood obesity. Can that data be used to measure the impact of school wellness policy implementation?
- Amanda Grodie presented information on the positive impact Jackson County Health Department has had on several school sites. The School Health Index tool was used to guide their work that resulted in flu clinics for students as well as many other health related benefits to students.
- Next steps include exploring options for linking resources to school web sites (such as the School Health Index) as well as the Healthy Schools site. Identifying effective platforms in which to share existing resources with schools is a priority for the committee.

Next Meeting Date:

April 14, 2016, Don Chisholm 1st floor conference room (610 E. 22nd Street, KCMO)