Healthy Schools Working Group Minutes
April 11, 2018 2:30-4:00 p.m.
Center for Children’s Healthy Lifestyles & Nutrition (Don Chisholm- first floor conference room)
610 E. 22nd Street, Kansas City, MO 64108

I. Resources

- Alma Hopkins, RD and Nutrition Specialist for Missouri Team Nutrition in Schools will showcase the programs for schools promoting salad bars and culinary learning labs
  - Chef-Led Culinary Instruction
  - Nutrition Instruction Led by Lisa Farmer
- Programs have led to additional curriculum additions in the schools such as gardening (school greenhouses), cooking clubs, etc.
- Marketing Salad Bars in Schools – I Made A Rainbow and Fresh Life “Enjoy a Salad Today!”
  - Simple marketing programs which include online toolkit, signs, aprons w/ logo, incentives and $200 stipend
- Playground Stencils Available for Borrow Upon Request @ [http://health.mo.gov/living/wellness/nutrition/teamnutrition/playgroundstencils.php](http://health.mo.gov/living/wellness/nutrition/teamnutrition/playgroundstencils.php)
  - For schools, parks and early care and education programs

II. Additional Updates

- Robyn Stuewe, Action for Healthy Kids grant opportunity
  - Deadline was extended to Friday the 13th - Must have physical activity and nutrition component led by parents
- Emily Meissen Sebelius, HLI Updates
- New 12345 Fit-Tastic! Website
  - Mobile friendly
  - Partners will receive email when launched, so don’t forget to reset your password!
  - Will be working with partners to make sure all resources are available on site
- Fruits and veggies brochures are available on 12345 Fit-Tastic! site
- Save the Date for the Regional Childhood Obesity Summit- June 27-28 sponsored by Children’s Mercy and Health Services Research Administration (HRSA)

III. Spotlights- Student Sharing about efforts for Nutrition and Physical Activity in Schools through Fuel Up to Play 60 programs

- Hudson Hurtig, Fuel Up to Play 60 Kansas Student Ambassador for, Olathe
  - Watch and share his Back-To-School Rap!
  - [https://www.youtube.com/watch?v=UifdMDEAPGk](https://www.youtube.com/watch?v=UifdMDEAPGk)
Watch and share the Fuel Up to Play 60 Mascots on the Move Contest video, featuring Hudson! [https://www.youtube.com/watch?v=-VOZusvlkho](https://www.youtube.com/watch?v=-VOZusvlkho)

- Won $1000 dollar grant to help improve and grow his school’s second chance breakfast program

- [Maya Binder, Fuel Up to Play 60 Missouri Student Ambassador, Lee’s Summit](#)
  - Owes a lot to national summit for her personal growth and improved leadership, speaking and writing skills
  - She was encouraged at the summit to choose healthy food options and bring back this knowledge and passion to inspire others at her school!

**Healthy School’s Working Group Mission:** *Schools and community agencies collaborate to improve the food and physical activity environment, policies, and practices to enhance health and academic success of school age children.*