Christopher Thomas, PhD

Christopher is the Program Director of Education & Learning in the Office of Equity & Diversity. As Program Manager, he is responsible for the creation and facilitation of hospital-wide Diversity, Equity, and Inclusion (DEI) trainings as well as oversees numerous DEI-related education events such as monthly education series, the Not-So-Journal Club, CM orientation, and cultural and diversity holiday celebrations. Prior to working at Children’s Mercy, Christopher was an assistant professor of Communication. He earned his Ph.D. in Communication, Culture, and Engagement as well as a certificate in Gender, Sexuality, and Diversity Studies from the University of Iowa and a MA in Communication from Wake Forest University.
We are the moms of a 24 weeker who spent the first 410 days of his life in patient. 355 days in the NICU and 55 days on 4h. We have been together for 16 years and having a family was something we always wanted. Having a micro preemie however, with a long hospital stay was never part of the plan. But here we are, 4 years later, sitting here today to talk about our experiences, the good, the bad, and yes, even the ugly.
Kris Humphreys, MD

Dr. Kris Humphreys is a certified member of the World Professional Association for Transgender Health (WPATH). They provide gender affirming primary care for transgender and gender diverse adults in the Saint Luke’s Health System. They are a parent to two children who have had wonderful care at Children’s Mercy. Dr. Humphreys identifies as non-binary and uses they.