







Colorectal Enhanced Recovery After Surgery Pathway



Children's Mercy
KANSAS CITY

COLORECTAL SURGERY SPECIALTY CENTER

BEFORE SURGERY	<ul style="list-style-type: none">✓ Education✓ Medical management of your child's colorectal condition <hr/> <ul style="list-style-type: none">✓ Pre-operative surgery appointment	 HOME COLORECTAL CLINIC
DAY OF SURGERY	<ul style="list-style-type: none">✓ No solid food six hours before surgery✓ <i>Carbohydrate-rich drink two hours before surgery</i>✓ Pre-operative medication for anxiety	 PRE-SURGICAL AREA
DURING SURGERY	<ul style="list-style-type: none">✓ Minimize blood transfusions✓ Multiple approaches to treat pain and reduce opioid need✓ Prevention of post-operative nausea✓ Prevention of post-operative delirium✓ Avoidance of hypothermia or hyperthermia	 OPERATING ROOM
AFTER SURGERY	<ul style="list-style-type: none">✓ Early removal of catheters, lines, and tubes✓ Transition from IV to oral medications as soon as possible✓ Combination of medications to treat pain✓ Prevention of nausea✓ Getting out of bed as soon as possible after surgery✓ Return to a normal diet✓ Continuous updates and communication from colorectal nurse practitioner, including daily rounds with team	 INPATIENT UNIT
FOLLOW UP	<ul style="list-style-type: none">✓ Monitor recovery✓ Satisfaction survey	HOME