

Pharyngitis Clinical Pathway

Associate Power Plan: EDP Pharyngitis Pathway;
Primary Care Pharyngitis Pathway



Children's Mercy
KANSAS CITY

Evidence Based Practice



QR code for
mobile view

Inclusion Criteria:

- Suspected pharyngitis caused by Group A Streptococcus (GAS, *Streptococcus pyogenes*)

Exclusion Criteria:

- Peritonsillar abscess
- Lymphadenitis
- Viral stomatitis
- Retropharyngeal abscess
- Ludwig's angina

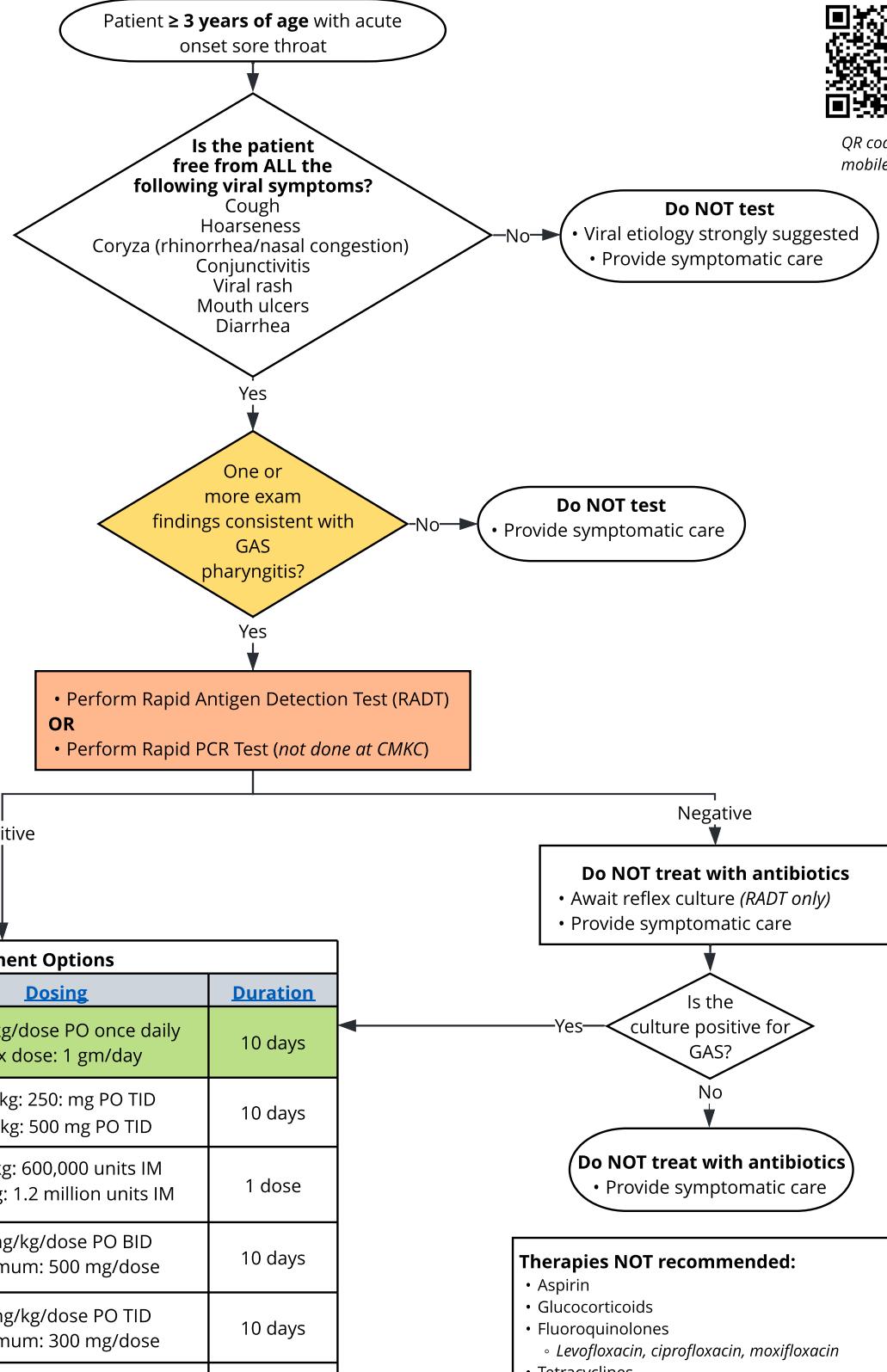
Clinical exam findings consistent with but not specific to Streptococcal pharyngitis:

- Tonsillopharyngeal erythema
- Tender anterior cervical nodes
- Scarlatiniform rash (*specific to Streptococcal pharyngitis*)
- Tonsillar exudate
- Palatal petechiae
- Swollen red uvula
- Strawberry tongue

Considerations before testing:

- In children < 3 years old, testing is not indicated unless they are symptomatic and there is a household contact with positive GAS
- Streptococcal pharyngitis typically presents in the winter/spring
- Fever alone without sore throat makes Streptococcal pharyngitis unlikely

Manifestations of GAS Other Than Pharyngitis



*consider referral to antibiotic delabeling/penicillin allergy clinic

** resistance to both of these drugs is high and treatment failure can happen

Therapies NOT recommended:

- Aspirin
- Glucocorticoids
- Fluoroquinolones
 - Levofloxacin, ciprofloxacin, moxifloxacin*
- Tetracyclines
 - Minocycline, doxycycline, tetracycline*
- Sulfa drugs
 - Sulfamethoxazole/trimethoprim*
- 2nd and 3rd generation cephalosporins
 - Cefuroxime, cefdinir, ceftriaxone*
- Macrolides (unless severe allergy to penicillin and cephalosporin)

Given that complications of GAS pharyngitis are rare, the benefit of antibiotic use may not outweigh the risks of therapy in all patients.

Contact: EvidenceBasedPractice @cmh.edu

For additional information, link to synopsis

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