Neuromuscular Patients Undergoing Major Orthopedic Surgery Enhanced Recovery After Surgery (ERAS) Children's Mercy

# Inclusion criteria:

 Neuromuscular patients undergoing major lower extremity orthopedic procedures

# Exclusion criteria:

- Neurotypically developed patients
- Neuromuscular patients undergoing soft tissue work only
- Neuromuscular patients
- undergoing hardware removal only

# Medication/diet instructions received at PAT:

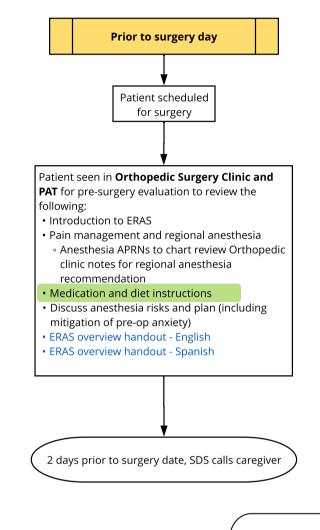
#### • Medication:

 Patient takes all normal daily medications morning of surgery unless specifically instructed to stop

# • Diet:

- Standard NPO guidelines
- Carbohydrate-rich drink (Gatorade, Powerade, or Pedialyte) encouraged when NPO until 2 hours prior to procedure time
- Arrival time/location

# Abbreviations (laboratory and radiology studies excluded): NPO - Nothing by mouth PAT - Pre-Admission Testing SDS - Same Day Surgery



Intraoperative to discharge algorithm

# Contact: EvidenceBasedPractice @cmh.edu

Link to: synopsis and references

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