



QR code for mobile view

Inclusion criteria:

Any patient > 4 years old undergoing elective surgery for Crohn's disease or ulcerative colitis:

- Laparoscopic Ileocectomy

Medication/Diet Instructions Received (at Surgery Clinic and PAT (if indicated):

• Medication:

- Patient takes all normal daily medications night prior to surgery unless specifically instructed to stop

• Diet:

- Standard NPO guidelines
- **2-3 hrs prior to surgery:**
Carbohydrate-rich drink: Gatorade, Powerade, or Pedialyte

• Arrival time/location

ERAS Handouts

- [ERAS overview handout \(English\)](#)
- [ERAS overview handout \(Spanish\)](#)

Prior to Surgery Day

Patient with inflammatory bowel disease scheduled for surgery

Surgery Clinic Visit (and PAT visit if indicated)

- Introduction to ERAS principles, e.g., multimodal analgesia, encouraging PO intake, etc
- Pain management and regional anesthesia
- Bowel program regimen night before surgery
- Medication/Diet instructions
- Discuss anesthesia risks and plan (including mitigation of pre-op anxiety)
- Provide and review ERAS overview handouts

[Intraop to Discharge](#)