

Obtaining x-rays is not recommended except with S/S of bowel obstruction

Constipation Triage Plan for Children ≥ 2 Year Old

Does the patient have s/s of bowel obstruction?

Consider 2-view imaging (Supine and Upright) and surgical consult

Does patient have a bowel obstruction?

Patient off guideline

S/S of Bowel Obstruction:

- Tense abdominal distention
- Recurring or bilious emesis
- Not passing gas

Further evaluation needed; patient off guideline

Are there RED FLAGS for underlying disease causing constipation?

Is patient able to tolerate PO?

Has patient undergone **Oral Home Cleanout** for at least 2 days in the past 3 days?

Can the patient continue oral clean out or Fleet® enema at home?

Can pt be safely discharged?

If available, consider:

- Saline OR Milk and Molasses enema OR Fleet enema
- Further imaging

If not available, consider transfer to higher level of care.

Has pt. improved after interventions?

Can pt be safely discharged?

Bowel cleanout at home, after education r/t:

- Schedule and rationale
- Consider GI consultation

Consider **admission**

Considerations for admission: Patient could be **admitted** for bowel cleanout if unable to tolerate PO or needs significant pain control.

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Owner: A. Daly, MD

Oral Home Cleanout (Minimum of 2 Days)

Age	PEG 3350	Chocolate Senna (adjunct therapy)
2-4 yrs 10-20	1/2 capful (8.5 grams) 3-4 times/day in 4-6 oz of clear liquid*	0.5 Chewable (7.5 mg) BID**
5-10 yrs 20-40	1 capful (17 grams) 6-8 times/day in 6-8 oz of clear liquid*	1 Chewable (15 mg) BID**
11+ yrs 40 kg	1 capful (17 grams) 8 times/day in 6-8 oz of clear liquid*	2 Chewable (30 mg) BID**

*Each dose should be consumed within 30 minutes
**To be given in addition to PEG 3350

Important NOTE: Child should stay home from school when Oral Home Cleanout is implemented (a school note should be provided to parents)

Considerations for discharge home:

- Patient could be **discharged to home** for 12-24 hour observation to await results if:
1. Patient is tolerating fluids PO and aggressive plan
 2. Discomfort is manageable at home
 3. Patient lives within 30 minutes of a medical facility

Enema Types/Volumes	
Weight	Volume to administer
Milk and Molasses OR Saline Enema	
<20 kg	10 mL/kg
≥ 20 kg	10 mL/kg (Max: 500 mL)
Fleet® Enema	
2-4 years	30 ml
5-11 years	60 ml
>12 years	130 ml