

Abbreviations (laboratory and radiology studies excluded):

ERAS = Enhanced recovery after surgery PAT = pre-admission testing SDS = same day surgery

Inclusion criteria:

- Colostomy
- Ileostomy
- Laparotomy
- Colon resection
- MACE/appendicostomy
- Posterior sagittal anorectoplasty (PSARP)
- Posterior sagittal anorectal vaginal urethral plasty (PSARVUP)

Exclusion criteria:

 Intensive Care Nursery (ICN) patients

Medication/Diet Instructions received (at Surgery Clinic and/or PAT):

• Medication:

- Patient takes all normal daily medications night prior to surgery unless specifically instructed to stop
- Diet:
 - Standard NPO guidelines
- 2-3 hrs prior to surgery:
 Carbohydrate-rich drink: Gatorade,
 Powerade, or Pedialyte
- Arrival time/location

Prior to surgery day

Patient scheduled for colorectal surgery

Patient seen in either **Colorectal Surgery Clinic or PAT** for pre-surgery evaluation to review the following:

- Pain management and regional anesthesia
- Bowel program regimen night before surgery
- ClearCarb diet plan
- . Medication instructions
- Discuss anesthesia risks and plan (including mitigation of pre-op anxiety)
- Pre-op Colorectal Surgery ERAS checklist
- Colorectal Surgery ERAS pathway

48 hours prior to surgery date, SDS calls caregiver

Intraoperative to discharge algorithm

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