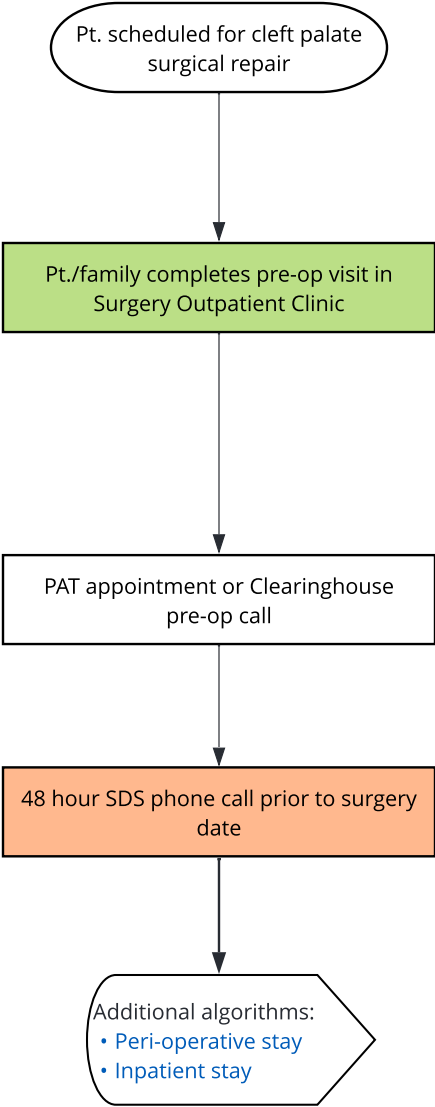


Prior to Surgery
Day

Abbreviations (laboratory & radiology excluded):
 pt. = patient
 PAT = Preadmission testing
 NPO = nothing by mouth
 SDS = Same Day Surgery



- Education topics discussed at pre-op visit:
- Diet restrictions and recommendations
 - Activity restrictions
 - Arm restraints
 - Complication information
 - Post-operative care including:
 - Pain control
 - Expected medications
 - Bathing recommendations
 - Toothbrushing recommendations
 - Care concerns
 - **Post-operative diet recommendations**

- Instructions received:
- NPO initiation
 - Arrival time/location