

CHS. Feeling Sick from Cannabis

CHS means Cannabinoid Hyperemesis Syndrome. It is caused by using cannabis.

CHS causes

- Bad nausea
- Strong stomach pain
- Vomiting for days

Using more cannabis makes CHS worse. Regular nausea medicine often does not work. Hot showers may help for a short time.

The only cure

Stopping cannabis is the only cure for CHS. Most people feel better in about two weeks. CHS comes back if cannabis use starts again.



Get medical help if you

- Cannot keep liquids down
- Have not peed in 12 hours
- Feel very weak or dizzy

Go to the ER if you

- Vomit green or red-brown fluid
- Have chest pain
- Have fast or skipping heartbeats

Need help stopping? You are not alone.

• First Call

MO 816 361 5900

KS 913 233 0747

- FindTreatment.gov
- Call 988 for Suicide and Crisis LifeLine



Children's Mercy