

**Abbreviations (laboratory and radiology studies excluded):**

DVT- deep vein thrombosis  
ERAS-Enhanced recovery after surgery  
PAT- pre-admission testing  
PE- pulmonary embolism  
SCD- sequential compression device  
SDS - same day surgery

Prior to surgery day

Patient scheduled for bladder reconstruction or Mitrofanoff procedure

**PAT Evaluation:**

- Pain management and regional anesthesia
- Bowel program regime night before surgery
- ClearCarb diet plan
- Medication instructions
- Discuss anesthesia risks and plan (including mitigation of pre-op anxiety)
- [Hand-out provided](#)

**Medication/Diet Instructions received:**

- **Medication:**
  - Pt takes all normal daily medications night prior to surgery unless specifically instructed to stop.
- **Diet:**
  - **2-3 hrs prior to surgery:** Carb load Gatorade, Powerade, or Pedialyte
- **Arrival time/location**

48 hour SDS/PACU phone call prior to surgery date

• [Pre & Intra-operative algorithm](#)  
• [Post-op PACU algorithm](#)  
• [Post-op inpatient and discharge algorithm](#)