

**Inclusion Criteria:**

- **Agitation** - Restlessness, pacing, hand ringing, etc.
- **Aggression** - Change in body language, argumentative or defensive, verbal or physical threats
- **Self Harm Behavior** - Expressed thought to harm self/others, present injurious behaviors or plan
- **Threat to Harm Others** - Expressed thought to harm others, present threatening behaviors
- **Elopement** - Verbal request to leave, movement towards exit, physical attempt to leave

**Exclusion Criteria:**

- Any non-CM patient

**Sources of Escalating Behavior**

- Pain
- Hunger
- Environmental factors
- Delirium
- Substance abuse or withdrawal
  - Consider nicotine withdrawal (refer to [Nicotine Cessation Clinical Pathway](#))
  - Consider opioid withdrawal (refer to [Opioid Withdrawal Treatment: Buprenorphine/Naloxone \[Suboxone\] Clinical Pathway](#))
  - Consider Toxicology Consult
- Developmental delay or autism
- Psychiatric diagnoses

[\(Source of Behavioral Escalation Management and Medications\)](#)

**Indications for Restraints**

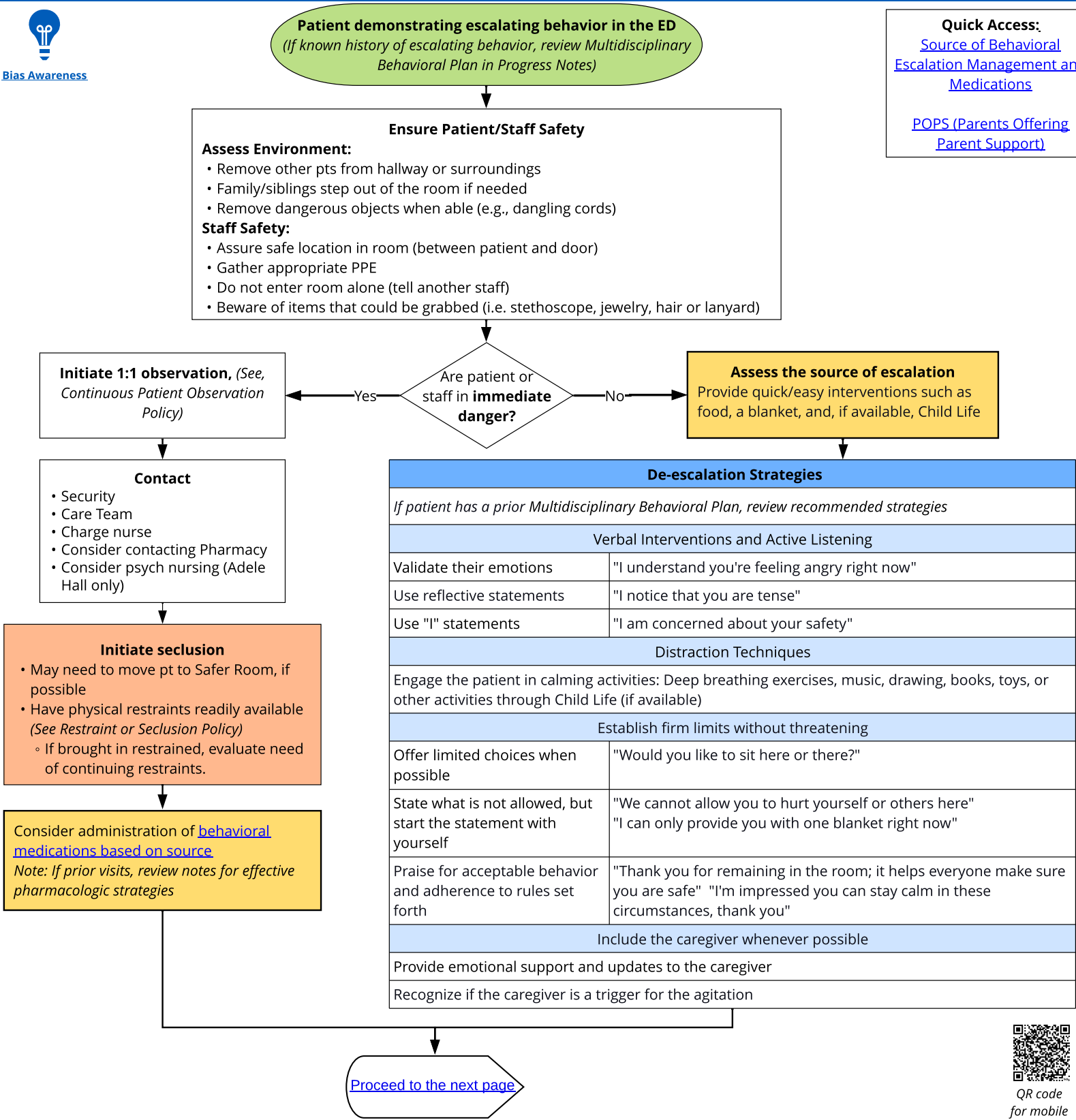
- First line of care should be seclusion (if available) **before** medications or restraints.
- If seclusion fails (risk of self-harm or while in seclusion) proceed to medications and/or restraint as needed (See [Restraint or Seclusion Policy](#)).

**Associated CM Policies:**

- Behavior Management
- Internal Transport of Disruptive and Flight Risk Patients
- Patient Transport within the Facility Guidelines
- Restraint or Seclusion
- Continuous Patient Observation



[Bias Awareness](#)



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Huddle with Care Team

- Involve family when possible
- Verify and administer home medications
- Have security at bedside, if needed
- Collaborate with Social Work, House Shift Supervisor, Child Life and Staff Advocacy Team, as needed
- Discuss whether or not 1:1 is needed

Quick Access:

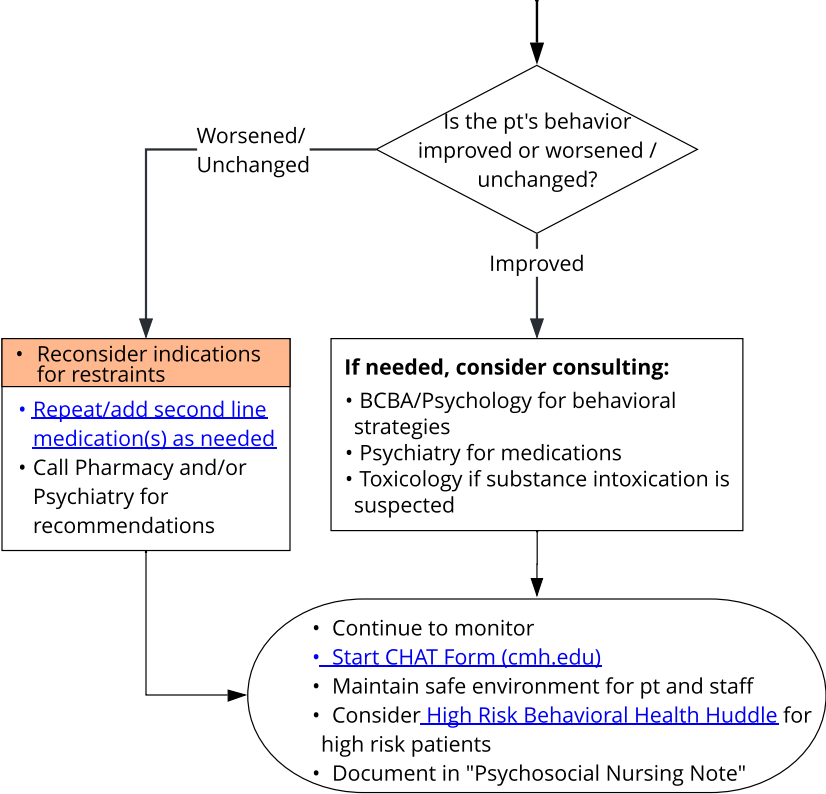
[Source of Behavioral Escalation Management and Medications](#)

[POPS \(Parents Offering Parent Support\)](#)

Consider the following as needed, if not already done:

- 1:1 observation (*See, Continuous Patient Observation Policy*)
- Move to Safer Room, if possible
- Seclusion
  - Consider physical restraints if seclusion has been unsuccessful (*See Restraint or Seclusion Policy*)
- Administration of [behavioral medications based on source](#)

Note: If prior visits, review notes for previous behavioral plan, effective strategies, or medication plans



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