



• Patient unable to void **OR**
• [Pain not controlled with oral medication](#)

Inpatient Supportive Care:

- When possible, admit to 4 West
- Consult physical therapy for whirlpool therapy (3-5 sitz baths/whirlpool daily)
- Pretreat with 2% Lidocaine jelly/ ointment prior to voids
- Emollient (such as Aquaphor, Vaseline) to lesions as needed
- Isolation not needed
- Rinse with water, via a pericare bottle, during voids and stooling
- Consider stool softner
- If no foley present and unable to void, place foley
- Administer pain medication, with goal to transition to Ibuprofen or Tylenol. May consider Tramadol prn for supplemental pain control.
- Consult the WOC (Wound Ostomy Care) Team for wound management and education

Outpatient Care:

- Sitz baths (swirling of low level of water in bath tub) two or more times a day
- Pretreat with 2% Lidocaine jelly/ ointment prior to voids
- Rinse with water, via a pericare bottle, during voids and stooling
- Wear loose non-restrictive clothing until area is healed
- If unable to urinate, attempt urination in bathtub or shower
- Please call Gynecology Clinic (816.234.3199) to schedule follow up appointment in 1 to 2 weeks