

1 **Step 1: Is it possible the patient encountered a known allergen: Yes (Continue!) No (STOP!)**
 Check all the categories below you or your child are experiencing.

Severe Symptoms:

Mental Status:

- Anxiety
- Confusion
- Feeling of doom

Face:

- Swelling of face
- Swelling of tongue

Throat:

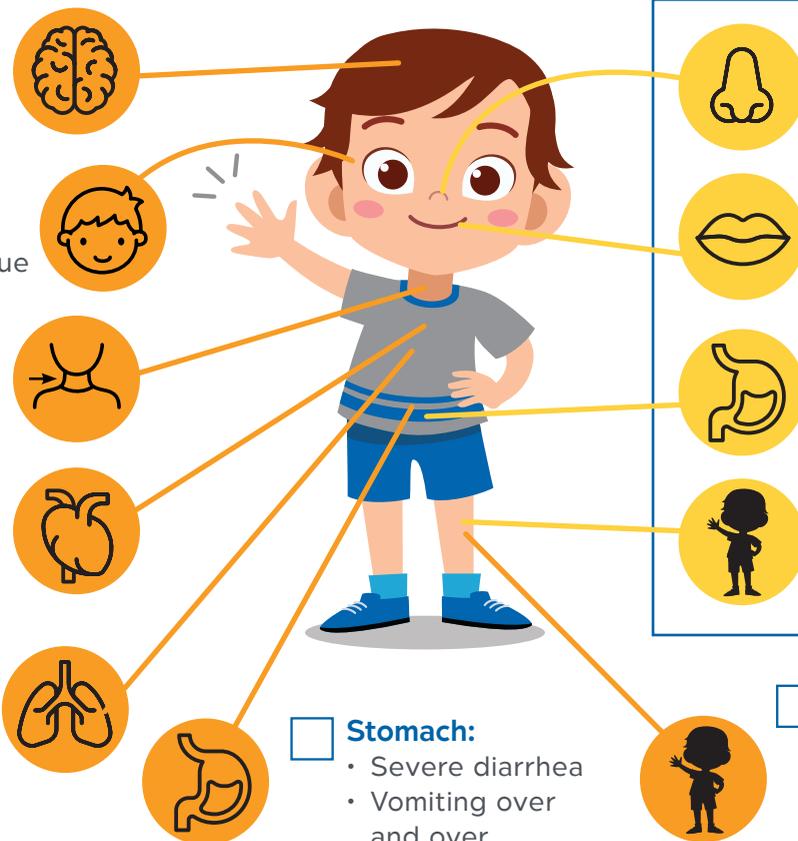
- Hard to breathe
- Hard to swallow
- Tightness

Heart:

- Dizziness
- Faintness
- Paleness
- Weak pulse

Lungs:

- Coughing
- Noisy breathing
- Shortness of breath



Mild Symptoms:

Nose:

- Itchy
- Runny
- Sneezing

Mouth:

- Itchy

Stomach:

- Nausea
- Upset stomach

Skin:

- Itchy
- A few hives

Skin:

- Rash covering the body
- Redness covering the body

2 **Step 2: How many of the categories did you check?**

If any severe categories are checked above:
Give epinephrine auto-injector
 See back for instructions
 Let the person sit up or lie on their side (if vomiting)

If more than one mild categories are checked above:
Give epinephrine auto-injector
 See back for instructions
 Let the person sit up or lie on their side (if vomiting)

If no severe categories are checked:
DO NOT give epinephrine

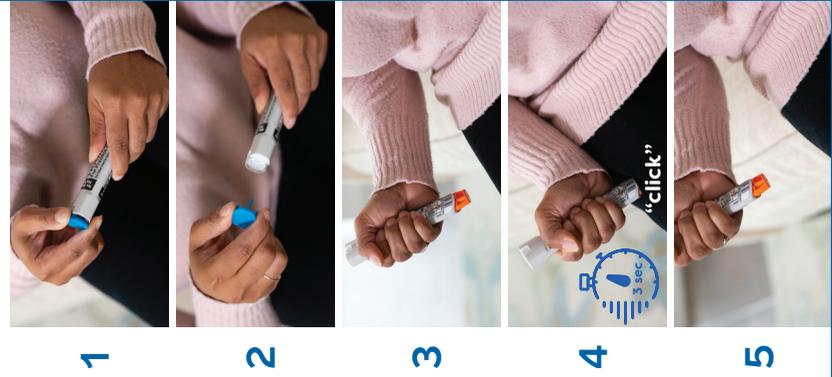
If one or less mild categories are checked:
DO NOT give epinephrine

3 **Step 3: Monitor your child closely**

Call 911. If symptoms worsen or do not improve after 5 minutes, give epinephrine again while waiting for medical help to arrive.



EpiPen and EpiPen Jr.



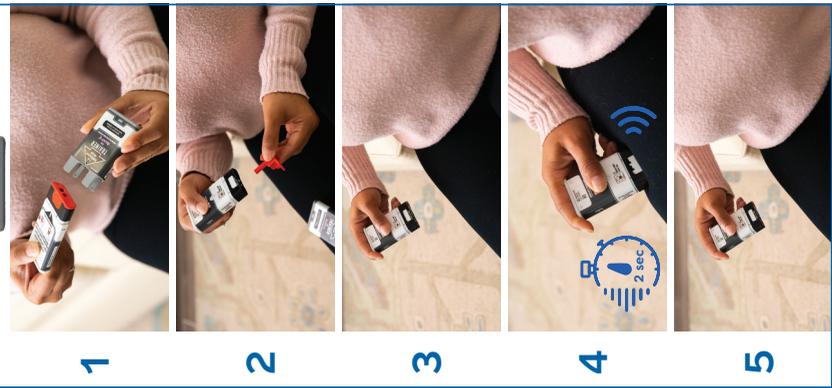
Amneal



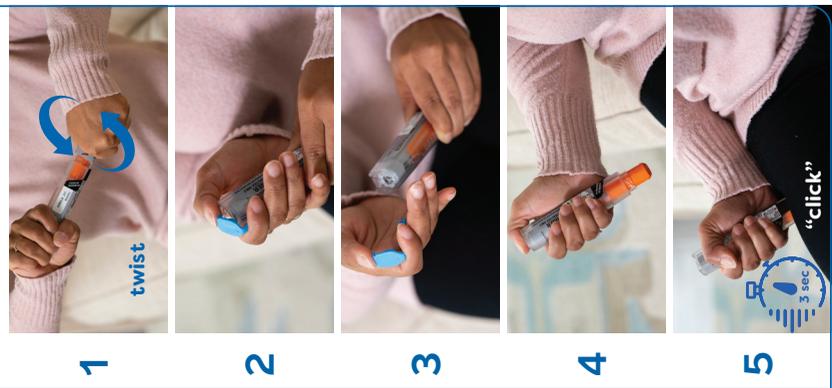
SYMJEPI



AUVI-Q



Teva



Epinephrine is a lifesaving medication used for anaphylactic (severe allergic) reactions and can be given through clothes.

Side effects: shakiness/tremors, lightheadedness, increased heart rate, anxiety, nausea/vomiting, sweating, pale skin

Storage: room temperature, keep out of heat and cold (avoid leaving in car)

How to dispose of injector: the injector may be disposed of in a sharps container or a hard sided container like a laundry detergent container prior to throwing in the trash

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