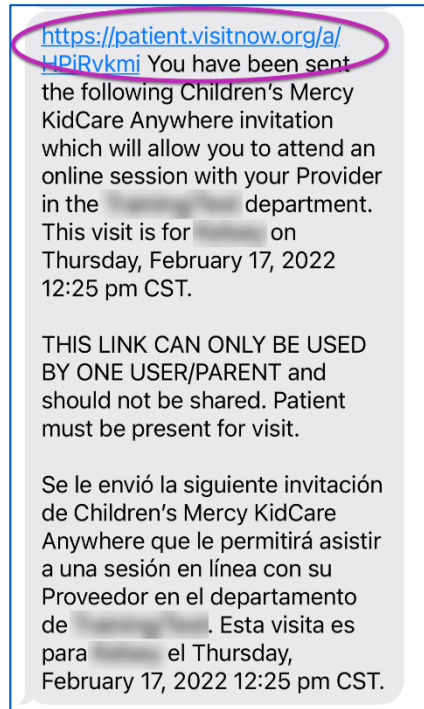
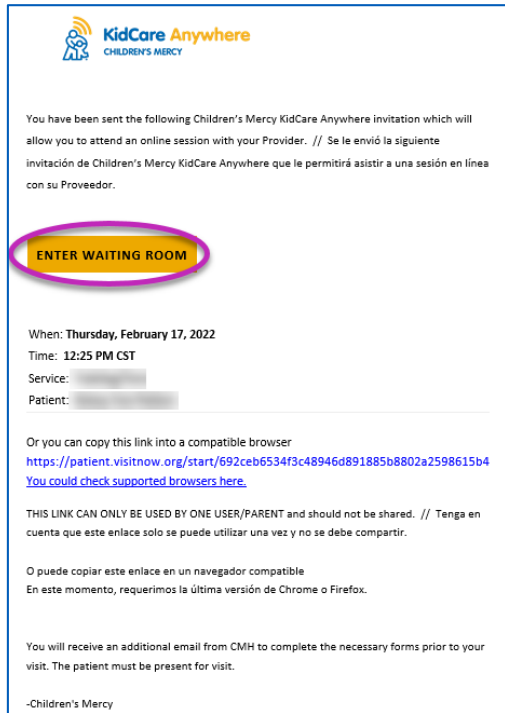


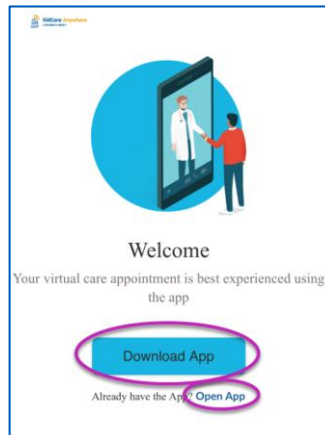
1. 15 daqiiqo kahor balantaada daawaynta taleefanka, guji linkiga laguugu soo diray iimeelka ama fariinta qoraalka ah.

- Kaliya 1 ruux ayaa ku xidhmi kara oo booqanaya isaga oo adeegsanaya linkigan. Bixiyuhu waxa uu ku casumi karaa qof kale marka booqashadu bilaabanto.

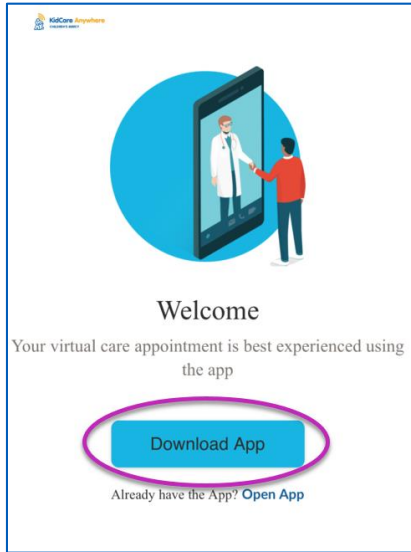


2. Hadii aanad lasoo degin app-ka, guji Download App oo raac tilmaamaha lasoo degida.

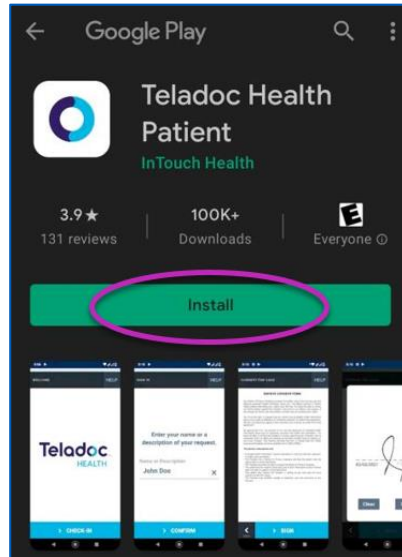
- Hadii aad hore ulasoo degtay app-ka, guji Open App.



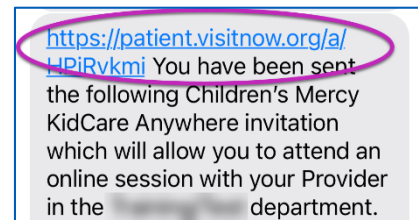
## Downloading the App



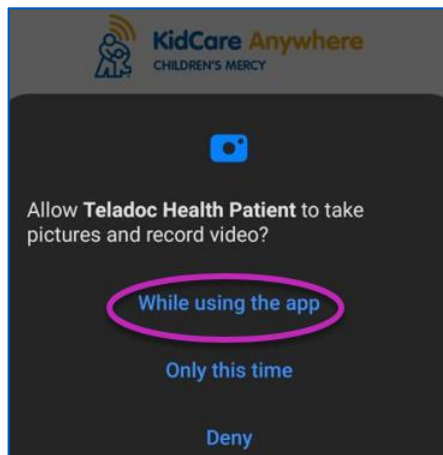
Guji badhanka  
Download App.



Si aad ugu shubato  
soo dejiso Teladoc  
Health Patient App.

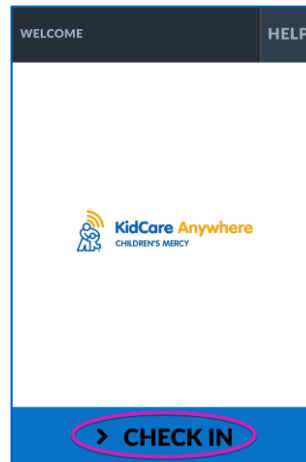


Kadib marka lasoo  
degto app-ka, ku  
noqo qoraalkaagii oo  
guji linkiga balanta.

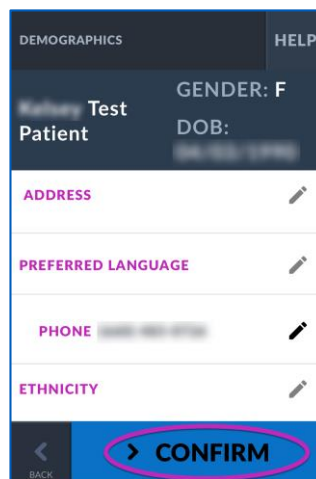


App-kan waxa uu ku waydiin  
doonaa hadii uu qaadi karo sawi  
oo uu fiidyaw kaa duubi karo.  
Guji While Using the App.  
Raac tilmaamaha ilaa aad ka  
gaadhayso shaashada Check In.

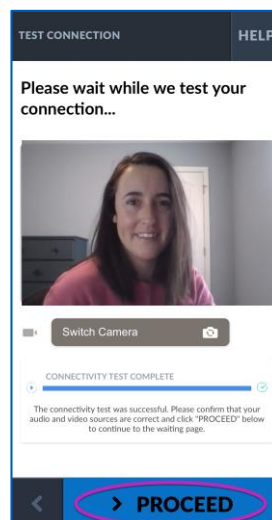
### 3. Guji Check In.



### 4. Akhri macluumaadka ilmahaaga oo guji Confirm.

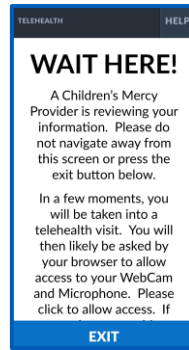


### 5. App-ku waxa uu tijaabin doonaa internetkaaga iyo kameeradaada. Waxa aad iska arki doontaa shaashada. Guji Proceed marka aad dhamayso tijaabada.



6. Waxa aad geli doontaa qaybta aad ku sugayso. Bixiyaha ayaa ku soo biiri doona markaa booqashadaada kadib marka uu eego macluumaadkaaga.

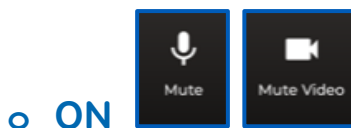
- HA laabin ama ka tegin app-ka ilaa inta booqashadu dhamaanayso.



## TILMAAMAHA SOO HADALKA

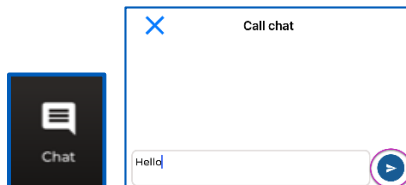
### •Kameerada iyo Mikrafoonka

- Xaqiiji in kameeradaada iyo mikrifoonkaagu shidan yahay. Guji badhanka si aad u shido oo aad u bakhtiiso.

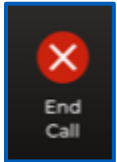


- Waxa aad u diri kartaa fariin sheekeysii bixiyahaaga wakhtiga booqashada. Guji badhanka Chat si aad u furato wada sheekeysiga.

- Qoro fariintaada iyo gurji Send.



- Si aad usoo dhamayso, guji badhanka End Call.
  - Hadii aad xidho taleefanka kahor inta aanad dhamaynin, waxa aad gujin kartaa linkiga iimeelkaaga ama fariinta qoraalka ah oo mar kale gal. Tani waxay kaliya shaqaysaa 5 daqiiqo gudaheed marka ay booqashadu dhamaato.



## Cilad saarida

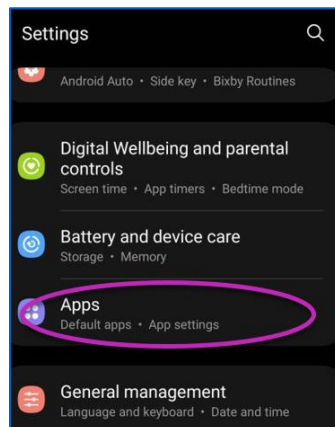
- Waxa i haysata mushkilad kameerada am mikrifoonka ah.

Hadii aad lasoo degto app-ka, waxa aad raacdaa tilmaamaha si aad u gasho ogolaanshaha buuxinta mikrifoonka iyo kameerada.

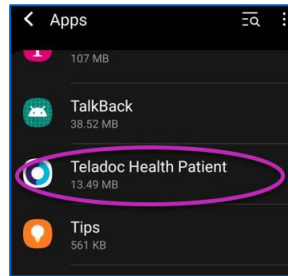
### 1. Fur Settings.



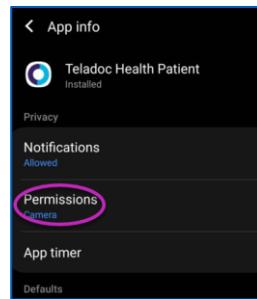
### 2. Hel oo guji Apps si aad u furto buuxinta app-ka.



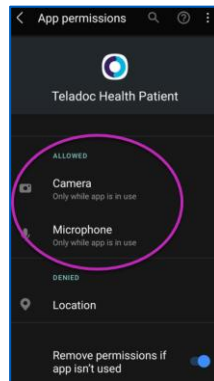
3. Hel oo guji app-ka Teladoc Health Patient si aad u furto buuxinta app-ka.



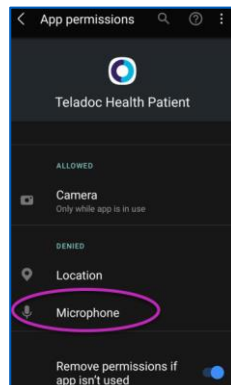
4. Guji Permissions



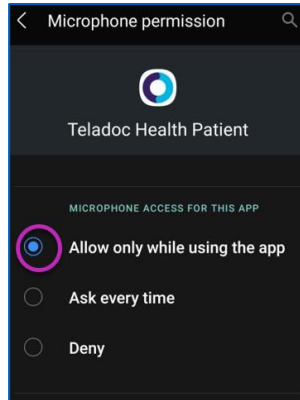
5. Muujintani waxay ku tusi doontaa waxa la ogolaaday iyo waxa la diiday.



- Hadii mikrifoonka iyo kameerada ay ku jiraan qaybta Denied, guji si aad u badasho buuxinta.

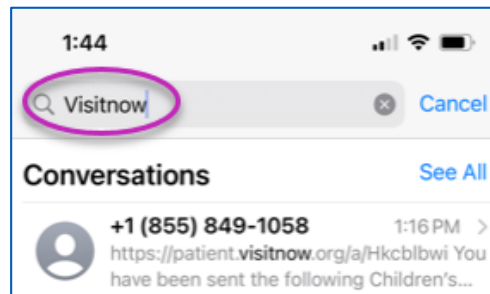


- Guji Allow kaliya inta aad isticmaalayso app-ka si aad u ogolaato mikrifoonka iyo kameerada aad ugu isticmaasho app-ka.



## o Ma heli karo linkiga booqashadayda.

- Linkiga waxaa loo diray iimeelkaaga iyo taleefankaaga dhawr jeer kahor wakhtiga booqashadaada.
  - o 24 saacadood kahor
  - o 15 daqiiqo kahor
- Kaliya 1 ruux ayaa ku xidhmi kara oo booqanaya isaga oo adeegsanaya linkigan. Bixiyuhu waxa uu ku casumi karaa qof kale marka booqashadu bilaabanto.
- Baadh "Visitnow" fariintaada ama iimeelkaaga
  - o Waxaad ka eegtaa fooldharada Junk ama Spam



Wixii taageero farsamo ah, la hadal (816) 302-7895

Si aad balan kale u qabsato, la hadal (816) 234-3700