

# Building a Stronger Future: Cerebral Palsy Resources



## Local Resources

1. **The Children's Spot [Kansas City, MO]**- Provides therapeutic services for children with various diagnoses, including cerebral palsy focusing on early intervention and developmental support.
2. **Saint Luke's Health System Kansas City**
3. **Ability KC**- provides a comprehensive, person-centered approach to care that addresses a wide range of needs, from therapy to education, all while focusing on empowering individuals and promoting independence. Offers medical rehabilitation services for children & adults with disabilities, including cerebral palsy.
4. **Easterseals Midwest [Kansas City North]**- is a nonprofit organization that provides a wide range of services to help individuals with disabilities and special needs. Their programs support people of all ages, from children to adults, with conditions like autism, cerebral palsy, and other developmental or physical disabilities. Easterseals works to create opportunities for individuals with disabilities to achieve their full potential, promoting greater inclusion and independence in their communities.
5. **CPFamilyNetwork.org**- A nonprofit organization that provides support and resources for families and individuals affected by cerebral palsy. The network aims to connect families, caregivers, and people with CP to helpful information, resources, and a supportive community.
6. **TherapyinMotionKC.com**- a therapy clinic based in Kansas City that provides specialized services for individuals of all ages, including children and adults. They focus on physical, occupational, and speech therapy to help clients improve their mobility, daily living skills, and communication abilities. Their services are tailored to individuals with various conditions, including developmental delays, cerebral palsy, and other physical or cognitive challenges.
7. **Acquired Care LLC [Kansas City, MO]**- (18+) Consumer Directed Services (CDS) give individuals more control over their healthcare and support, allowing them to choose their own caregivers, including family or friends. The model empowers consumers to manage their own care budget and tailor services to their specific needs. CDS is flexible

and personalized, often offered through programs like Medicaid, and support both the individual and their caregivers. This approach emphasizes autonomy and choice in care decisions. As a provider for the CDS program, Acquired Care hopes to help young adults gain independence when it comes to their healthcare.

8. **American Canine Training [Blue Springs, MO]**- If you are thinking about training a service dog for your family member American Canine Training has been training dogs for over forty years. Instead of waiting for a dog and being on a waitlist for years at a time American Canine also offers free consultations for possible prospects for service dogs.
- For community support consider joining the KC Cerebral Palsy Parent Support Group on Facebook. This group connects parents in the Kansas City area who have children with cerebral palsy, offering a platform to share resources and experiences.

## Nationally Known Resources

- **Incontinence Supplies**

If your loved one is in need of incontinence supplies and receives Medicaid they are able to receive those supplies for free through Medicaid with a prescription provided by their general physician.

### 1. **United Cerebral Palsy (UCP)**

UCP is one of the largest organizations in the U.S. advocating for individuals with cerebral palsy and other disabilities. They offer resources, support, and information on CP-related services, including therapy, education, and advocacy efforts.

Website: [ucp.org](http://ucp.org)

### 2. **Cerebral Palsy Foundation (CPF)**

The Cerebral Palsy Foundation provides resources, research, and educational materials for families affected by CP. They focus on improving the quality of life for individuals with CP by supporting both medical and community initiatives.

Website: [cpf.org](http://cpf.org)

### 3. **CerebralPalsyGuidance.com**

An online resource dedicated to providing information, support, and guidance to individuals and families affected by cerebral palsy (CP). The website aims to be a comprehensive platform that helps people understand the condition, explore treatment options, and access resources that can improve the quality of life for those with CP. Website: [cerebralpalsyguidance.com](http://cerebralpalsyguidance.com)

#### **4. CerebralPalsy.org**

An online resource that offers detailed medical, legal and financial information with a family-focused tone.

#### **5. MealTrain**

An organized way for friends and family to deliver home-cooked meals to someone who's going through a challenging time Website: [mealtrain.com](https://mealtrain.com)

### **MEDICAL & THERAPY RESOURCES**

#### **1. National Institute of Neurological Disorders and Stroke (NINDS)**

Government-backed research and facts about cause, treatments and ongoing studies.

#### **2. American Academy for Cerebral Palsy and Developmental Medicine (AAPDM)**

For evidence-based clinical care and professional resources (their “Resources for Families” page is especially helpful for navigating complex medical decisions)

#### **3. KidsHealth- CP**

Simple explanations about CP, therapies and everyday parenting tips

### **FINANCIAL, EDUCATIONAL & LEGAL HELP**

#### **1. Social Security Disability for Children**

Guidance on how to apply for SSI (Supplemental Security Income) for a child with a disability

#### **2. Wrightslaw**

A resource for understanding your child’s legal rights under IDEA (Individuals with Disabilities Education Act). Includes IEP help, special education law and advocacy tips.

#### **3. Parent Training and Information Centers (PTIs)**

Federally funded centers in every state to help families understand and advocate for their child’s educational rights

### **COMMUNITY & PARENT SUPPORT GROUPS**

## **1. CP Daily Living**

A parent-created blog with thoughtful, real-life insights about raising a child with cerebral palsy

## **2. Facebook Groups**

- “Cerebral Palsy Support Group”
- “Parents of Children with Cerebral Palsy”
- CP Moms  
Great for connection with other families, sharing tips and offering emotional support.
- Reddit- r/cerebralpalsy  
A mix of parents, individuals with cerebral palsy and professionals discussing experiences and answering questions.