

Fetal Cardiac Program Counseling Checklist for Parents

Ward Family Heart Center

Elizabeth J. Ferrell Fetal Health Center

Prenatal Heart Diagnosis

Diagnosis

Diagrams
Why did this happen?

Delivery

Method Timing Location
Problems with preterm labor

After Delivery

Holding and bonding after birth
Possible delivery room procedures FHC & NICU visitor policies

Neonatal Course

Testing and procedures before surgery
Medications
Monitoring

Surgery

Details of surgical procedure
Timing of surgery
PICU monitoring after surgery
Length of hospital stay
Other possible medical issues after heart surgery

Feeding

Breastmilk/Formula
Before surgery After surgery Feeding assistance

Caring for My Baby at Home

Select a pediatrician
Take CPR class before hospital discharge
Cardiology follow-up
Restrictions to daily activities
Daycare

Support/Resources

CM parent support groups
Community and national support groups
CHD education materials

Common Concerns

Future pregnancies
Lodging during hospital stays
Insurance
Finances

Prenatal Appointments

Maternal Fetal Medicine
Neonatologist & integrated consult
Social Work Surgeon Genetics Child Life

Tours

Labor & Delivery
NICU PICU 4 Sutherland
Ronald McDonald Room

Long-Term Outcomes

Survival
Neurodevelopment
Quality of life
School & sports



Children's Mercy