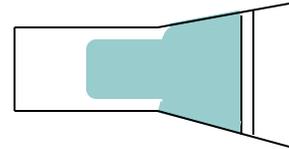


DOES YOUR PUMP FLANGE FIT?

Your flange fits when

- your nipple moves smoothly and freely into the flange tunnel and does not rub against the sides.

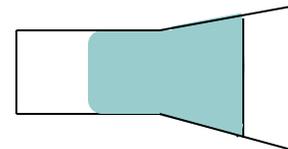
Good Fit



Your flange is too small if

- the nipple is rubbing against the sides of the tunnel
- the outside of the nipple is tender or sore

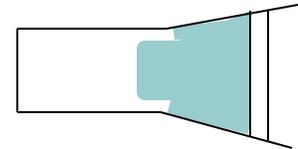
Too Small



Your flange is too big

- the nipple is not pulled down into the breast shield tube when pumping
- if too much areola is being pulled into the breast shield
- If your nipple is swelling a lot with pumping

Too Big



It is important that your pump flange fits properly

- to prevent nipple soreness
- to properly empty the breast when pumping

Contact your lactation nurse if your flange is not a good fit.

