



Weekly Menu

August, 13th thru August, 19th

[Monday](#)

[Tuesday](#)

[Wednesday](#)

[Thursday](#)

[Friday](#)

[Saturday](#)

[Sunday](#)

For Patients – Market, Deli, Mindful, and Grill are available.

(Items may change)

**Orbits Café Hours:
Breakfast 6am to 10am; Lunch 11am to 2pm; Dinner 4pm to 8pm**

Monday

Market

Piccata Sautéed Chicken Breast
Thai Style Sweet & Sour Pork loin
Oven Roasted Garlic Red Potatoes
Broccoli
Asian Vegetables
Slice fresh Carrots
Roasted Vegetables
Fresh Sliced Carrots

Pizza

BBQ Chicken Pizza
Cheese
Pepperoni

Mindful

Greek Spiced Shrimp Gyro

Fruit Station

Gazpacho Pasta Jazz Salad
Carrot Raisin Salad
Fresh Fruit Salad

Action Station*

Creamy Chicken Pesto Pasta

Deli

Beef & Blue Baguette

Grill

Grilled Pimento Cheese Sandwich

Soup

Thai Chicken Soup
Split Pea with Ham Soup
Buttermilk Biscuit

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**Orbits Café Hours:
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Tuesday

Market

Salisbury steak
Rosemary Garlic Chicken Breast
Mashed Potato
Beef Gravy
Broccoli
Stewed Tomatoes
Green Beans
Macaroni & Cheese

Pizza

Cheese
Pepperoni
Double Cheese Chicken

Mindful

Enchilada Breaded Baked Chicken Tenders
Meal

Fruit Station

Pesto Pasta Salad
Shrimp Salad
Fresh Fruit Salad

Action Station*

Beef Barbacoa Street Taco

Deli

Italian Sub

Grill

Pizza Burger

Soup

Broccoli and Cheese Soup
Chicken with White Bean Chili
Southwest Drop Biscuit

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**Orbits Café Hours:
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Wednesday

Market

Crusted Cod
Chicken Spinach Pasta Casserole
Oven Roasted Potato
Sliced Carrots
Green Peas
Steamed Cauliflower
Edamame Succotash

Pizza

Cheese
Pepperoni
Philly Cheesesteak

Mindful

Cuban Pork Sandwich

Fruit Station

Marinated Squash Salad
Minty Cucumber Salad
Fresh Fruit Salad

Action Station*

Thai Stir Fry

Deli

BLT Sandwich with Pesto Chicken Breast

Grill

Blue Cheese Turkey Burger

Soup

Cream of Potato Soup
Six Bean Soup
Roasted Vegetable Drop Biscuit

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**Orbits Café Hours:
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Thursday

Market

BBQ Beef Brisket
Mediterranean Salmon
Au Gratin potatoes
Collard Greens
California Mixed Vegetables
Green Beans
Broccoli & Cauliflower

Pizza

Cheese
Pepperoni
Tex Mex Turkey

Mindful

Vegetarian Italian Ratatouille

Fruit Station

Italian Pasta Salad
Dijon Tri-Color Cole Salad
Fresh Fruit Salad

Action Station*

Vegetable Pasta Sauté

Deli

Ham Wrap with Herb Mayonnaise

Grill

Turkey Melt on Sour dough

Soup

Italian Wedding Soup
Roasted Red Pepper and Smoked Gouda Bisque
Buttermilk Drop Biscuit

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**Orbits Café Hours:
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Friday

Market

Roast Turkey Breast
Citrus Garlic Tilapia
Mashed Potatoes
Chicken Gravy
Brussels sprouts
Green Peas with Pearl Onions
Stuffing
Roasted Corn

Pizza

Cheese
Pepperoni
Jamaican Pizza

Mindful

Balsamic Glazed Chicken

Fruit Station

County Vegetable Salad
Garbanzo with Plum Tomato Salad
Fresh Fruit Salad

Action Station*

Shrimp & Vegetable Primavera

Deli

Peppered Turkey Sandwich

Grill

Seasoned Alaskan Sole

Soup

Seven Bean Vegan Soup
Chicken Noodle Soup
Chive Biscuit

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**Orbits Café Hours:
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Saturday

Market

Chipotle Chicken Breast
Sliced Beef French Dip Sandwich
Steak Cut French Fries
Sliced Carrots
Baked Beans
Corn on the Cob
Baked Bean
Broccoli

Pizza

Cheese
Pepperoni

Mindful

Station is Closed

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Turkey, Ham & Swiss Sub

Grill

Beef Brisket Sandwich

Soup

Pasta E Fagioli Soup
Breadstick

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**Orbits Café Hours:
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Sunday

Market

Teriyaki Chicken Breast
Meat Lasagna
Mashed Potatoes
Wild Rice
Zucchini
Asian Vegetables
Bread Stick

Pizza

Cheese
Pepperoni

Mindful

Station is Closed

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Roast Beef Sandwich with Cheddar

Grill

Roasted Beef Panini

Soup

Mushroom Portabella Soup
Wheat Roll

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