



Weekly Menu

Nov, 12th – Nov, 18th

[Monday](#)

[Tuesday](#)

[Wednesday](#)

[Thursday](#)

[Friday](#)

[Saturday](#)

[Sunday](#)

For Patients – Market, Deli, Mindful, and Grill are available.

(Items may change)

**Orbits Café Hours:
Breakfast 6am to 10am; Lunch 11am to 2pm; Dinner 4pm to 8pm**

Monday

Market

Balsamic Beef Flank Steak
Rotisserie Chicken Breast
Au gratin Potatoes
Mashed Potatoes
Beef Gravy
Roasted Corn
Balsamic Roasted Vegetables
Sliced Carrots

Pizza

Chicken Fajita Pizza
Cheese Pizza
Pepperoni Pizza

Mindful

Balsamic Chicken Plate

Fruit Station

Sugar Snap Peas w/ Lime Dressing
Golden Turkey Rice Salad
Fresh Fruit Salad

Action Station

Cajun Spiced Shrimp Salad

Deli

Turkey, Ham & Swiss Sub

Grill

Honey, Ham, & Cheese Chicken Sandwich

Soup

Vegetable Beef Soup
Broccoli Cheese Soup
Corn Muffin Mix

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Orbits Café Hours:
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Tuesday

Market

Salmon with Pineapple Chutney
Stuffed Chicken Breast
Yukon Gold Mashed Potatoes
Chicken Gravy
Fresh Zucchini with Tomato & Shallots
Edamame
Barley Rice Pilaf
California Mixed Vegetables

Pizza

Supreme
Pepperoni
Cheese

Mindful

Cheese Lasagna w/ Turkey Meat Sauce

Fruit Station

Creamy Red Potato Salad
Tortellini Antipasti Salad
Fresh Fruit Salad

Action Station

Tokyo Noodle Bowl

Deli

Cranberry Turkey Wrap

Grill

BBQ Pulled Pork Sandwich

Soup

Cuban Black Bean Soup
Fire Roasted Corn Soup
Cheese Drop Biscuit

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**Orbits Café Hours:
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Wednesday

Market

Meatloaf
Chicken Alfredo
Yukon Gold Mashed Potatoes
Mushroom Gravy
Green Beans
Broccoli
Roasted Vegetables
Bread Sticks

Pizza

Cheese
Pepperoni
Cheeseburger

Mindful

Enchilada Breaded Baked Chicken Tenders

Fruit Station

Black-Eyed Pea Salad
Couscous & Tomato Salad
Fresh Fruit Salad

Action Station

Sizzling Chicken Fajita

Deli

Santa Fe Chicken Sandwich

Grill

Grilled Rubeen Sandwich

Soup

Chicken Rice Soup
Cheeseburger Chowder Soup
Green Chili Cheddar Corn Muffin

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**Orbits Café Hours:
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Thursday

Market

Stuffed Baked Pork Chop
Italian Seasoned Roasted Beef
County Mashed Potatoes
Brown Gravy
Oven Roasted Potatoes
Italian Vegetables
Green Beans
Sliced Carrots

Pizza

Chicken Duo
Pepperoni
Cheese

Mindful

Vegetarian Italian Ratatouille

Fruit Station

Citrus Slaw Salad
Macaroni Salad
Fresh Fruit Salad

Action Station

Vegetarian Paella w/ Edamame

Deli

Roast Beef Sandwich with Cheddar

Grill

Philly Cheese Steak Sandwich

Soup

Two Mushroom Barley Soup
Chicken Thai Soup
Cajun Drop Biscuit

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Orbits Café Hours:
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Friday

Market

Parmesan Chicken Breast
Pecan & Herb Crusted Tilapia
Country Mashed Potatoes
Penne Pomodoro
Corn on the Cob
Chicken Gravy
Broccoli
Mixed Vegetables

Pizza

Artichoke, Red Pepper Pizza
Pepperoni
Cheese

Mindful

Fish Taco w/ Slaw

Fruit Station

Couscous Salad
Seafood Salad
Fresh Fruit Salad

Action Station

Chicken Rice & Beans Tortilla

Deli

Beef & Blue Baguette

Grill

Floured Sole

Soup

Roasted Red Pepper & Smoked Gouda Bisque
New England clam chowder
Parsley Onion Tomato Muffin

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Saturday

Market

Beef Stroganoff
Egg Noodles
Italian Meatballs
Hoagie Buns
Steak Fries
Green Beans
Zucchini
Broccoli
Corn

Pizza

Cheese
Pepperoni

Mindful

Station is Closed

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Cape Coder Turkey Sandwich

Grill

Pulled BBQ Chicken Sandwich

Soup

White Bean w/ Beef Steak Chimichurri
Bread Stick

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**Orbits Café Hours:
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Sunday

Market

Roast Turkey
Cajun Pecan Chicken
Yukon Mashed Potatoes
Chicken Gravy
Stuffing
Green Beans
Aztec Corn
Broccoli & Cauliflower

Pizza

Cheese
Pepperoni

Mindful

Station is Closed

Fruit Station

Fresh Fruit Salad

Action Station

Station is Closed

Deli

Peppered Turkey Sandwich
Roasted Beef Panini

Grill

Battered Cod Sandwich

Soup

Chicken and Dumpling Soup
Ww Roll

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