MANAGEMENT OF INFANTILE CONGENITAL MUSCULAR TORTICOLLIS & PLAGIOCEPHALY

Presented by
Children’s Mercy Kansas City

Don Chilsholm
Room A and B
610 E. 22nd Street
Kansas City, MO 64108

Friday, Oct. 3, 2014
8 a.m. to 4:30 p.m.
COURSE DESCRIPTION
This is a one day course designed for PT, PTA, OT, COTA working with children between the ages of birth to two years old with congenital muscular torticollis (CMT). Emphasis will be placed on using a comprehensive approach to the evaluation and treatment of this patient population using current, evidence-based information regarding the management of children with CMT and plagiocephaly.

COURSE OBJECTIVES
- Identify the anatomy and pathology associated with congenital muscular torticollis (CMT) and current treatment strategies.
- Identify current evidence-based practices used in the conservative treatment of CMT.
- Describe plagiocephaly as related to CMT.
- Discuss the vestibular assessment in children with CMT and its impact on head positioning.
- Explain the impact vision has on head positioning.
- Discuss the causes and symptoms of CMT and Cranial Positional Deformation (CPD).
- Identify orthotic options for children with plagiocephaly.

AMERICANS WITH DISABILITIES ACT
If you have needs addressed by the Americans with Disabilities Act, requests for assistance or accommodation should be received at least five working days prior to this educational offering.

BIOGRAPHY INFORMATION

Amy Becker, PT – Ms. Becker is a physical therapist at Children’s Mercy Kansas City. She graduated in 2005 from Wichita State University and works primarily with children with the diagnosis of torticollis, developmental delays and neurological impairments. She also developed and leads a 4 week torticollis group.

Katherine Link, PT – Ms. Link graduated from St. Louis University in 2003 and is a current member of the APTA Pediatric Section. She has worked at Children’s Mercy since 2007 where she has experience in both the inpatient and outpatient settings. Katie is currently an inpatient therapist who treats infants with torticollis and plagiocephaly.

Scott Olitsky, MD - Dr. Olitsky is the Section Chief of Ophthalmology at Children’s Mercy Hospital and a Professor of Ophthalmology at UMKC School of Medicine. Prior to taking on his role at CMH in 2002, Dr. Olitsky was the Chief of Ophthalmology and residency program director at The Children's Hospital of Buffalo. He has published over 50 manuscripts and 6 textbooks in pediatric ophthalmology and strabismus. Additionally, Dr. Olitsky has traveled with Orbis Flying Eye Hospital to teach pediatric ophthalmology and strabismus in approximately 20 countries throughout Africa and Southeast Asia.

Shannon O’Shea, CO – Ms. O’Shea is a certified orthotist and currently employed by Hanger Prosthetics and Orthotics. She works at the Hanger locations at The Children’s Mercy Hospital Adele Hall Campus, as well as the Rehab Institute of Kansas City (R!KC). Her orthotic specialties include plagiocephaly, craniosynostosis, and scoliosis.

Robert Rinaldi, MD – Dr. Rinaldi is an Associate Professor of Pediatrics in the Section of Pediatric Rehabilitation Medicine at the Children’s Mercy Hospitals and Clinics in Kansas City, Missouri. He is board certified in Physical Medicine and Rehabilitation, and Pediatric Rehabilitation Medicine. He serves as Co-Director of the Nerve and Muscle Clinic and is the Director of both the Brachial Plexus Injury Program and Torticollis clinic at Children’s Mercy Hospital. In addition to his clinical work, Dr. Rinaldi serves as an associate member of the Pediatric Rehabilitation Medicine Committee of the American Board of PM&R, Subcommittee Chair/Senior Reviewer of the Pediatric Rehabilitation Medicine Examination Committee of the American Board of PM&R, and as Chair of the Pediatric Rehabilitation Medicine and Developmental Disabilities Council of the American Academy of PM&R.

Andrea Thorne, PT – Ms. Thorne received her Master’s Degree from Washington University in 2001. She is certified in pediatric vestibular therapy through the APTA. She has been instrumental in the development of the pediatric vestibular therapy program at Children’s Mercy. She is the physical therapy support for the Mild Traumatic Brain Injury Clinic and Comprehensive Concussion Clinic at Children’s Mercy Hospital. Under her guidance, there are three therapists now that are able to address vestibular issues for the hospital. She is the founder of the Vestibular Therapy Special Interest Group for Kansas City area vestibular therapists that meet quarterly.
**PROGRAM AGENDA**
Friday, October 3, 2014
8:00 a.m. to 4:30 p.m.
Don Chisholm

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>8:00 a.m.</td>
<td>Registration</td>
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<tr>
<td>8:30 - 10:15 a.m.</td>
<td>Anatomy and pathology of congenital muscular torticollis and medical management strategies including indications for Botox</td>
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<td>10:15 a.m.</td>
<td>Break</td>
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<tr>
<td>10:30 - 11:45 a.m.</td>
<td>Evidence-based practice, evaluation and treatment strategies</td>
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<td>11:45 a.m. - 12:45 p.m.</td>
<td>Lunch</td>
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<td>12:45 - 1:45 p.m.</td>
<td>Role of vestibular rehabilitation</td>
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<td>1:45 - 2:30 p.m.</td>
<td>Impact of vision on head positioning</td>
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<td>2:30 - 2:45 p.m.</td>
<td>Ask the Experts – Ms. Thorne and Dr Olitsky</td>
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<td>2:45 p.m.</td>
<td>Break</td>
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<tr>
<td>3:00 - 3:45 p.m.</td>
<td>Evaluation, measurement and documentation of plagiocephaly</td>
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<td>3:45 - 4:15 p.m.</td>
<td>Helmets and collars</td>
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<td>4:15 - 4:30 p.m.</td>
<td>Ask the experts – Ms. Link and Ms. O’Shea</td>
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<td>4:30 p.m.</td>
<td>Adjourn</td>
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**FOR FURTHER INFORMATION, PLEASE CONTACT**

Katherine Link, PT
(816) 234-1672 | kmlink@cmh.edu

**PARKING**
Parking is available at the Don Chisholm Center

Don Chisholm Center
610 E. 22nd Street
Kansas City, MO 64108
MANAGEMENT OF INFANTILE CONGENITAL MUSCULAR TORTICOLLIS & PLAGIOCEPHALY
REGISTRATION FORM AND PRICING

Friday, October 3, 2014
Children’s Mercy Hospital
Kansas City, Mo.

Registration Fees
(Deadline September 26, 2014)
$95

Cancellation date: September 19, 2014
7.0 contact hours

Name and Credentials: ____________________________________________________________
Address: _______________________________________________________________________
Phone: _______________________________________________________________________
Email (Required): _________________________________________________________________
License Number and State: ____________________________________________________________________

Specific topics or questions you would like covered: ______________________________________
_________________________________________________________________________________

How did you hear about us: □ Mail □ Email □ Friend □ Other:
□ I need hotel information.
□ I request accommodations in accordance with the Americans with Disabilities Act.
Please Describe: ___________________________________________________________________
________________________________________________________________________________

□ I request dietary restrictions. Please specify: ________________________________________
________________________________________________________________________________

To register online go to:
www.childrensmercy.org/professionaleducation

Checks should be made payable to Children’s Mercy Hospital. Please return this
form with your check to:

Course Registration Fee: $95
Children’s Mercy Hospital
Employees: $15
Tuition includes course materials, lunch and refreshments; must be paid by
credit card or personal check.
Please make checks out to Children’s Mercy.
If not registering online, mail or fax this form.

Remit to:
Children’s Mercy Hospital
Attn: Katherine Link, PT
2401 Gillham Road
Kansas City, MO 64108
Phone: (816) 234-1672
FAX: (816) 346-1372
Email: kmlink@cmh.edu

From the North
Take I-35 South
Just after you cross the Missouri River, look for U.S. 71 South (middle lane)
Follow U.S. 71 South to 22nd Street (right-hand exit)
Turn right (West) on 22nd Street and proceed to Holmes Road
Building Entrance will be on your right (North) just past Holmes Road

From the South (Kansas)
Take I-35 North
Exit at Broadway (off ramp becomes Truman Road)
Proceed straight (East) (five traffic lights)
Turn right (South) on Oak Street
Proceed South on Oak Street to 22nd Street
Turn left (East) on 22nd Street
Building Entrance is on your left (North) just before Holmes

From the South (Missouri)
Take U.S. 71 North (Bruce Watkins Drive)
Exit at 22nd Street (right-hand exit)
Turn left (West) on 22nd Street and proceed to Holmes Road
Building is on the North side just past Holmes Rd
From the East
Take I-70 West toward downtown Kansas City
Exit at Paseo. Turn left (South)
Be in the right-hand lane. Proceed to 18th Street (Third light)
Turn right (West) at 18th Street
Be in the left-hand lane to Oak Street (Fourth light)
Turn left (South) on Oak and follow to 22nd St
Turn left (East) on 22nd St
Building Entrance is on the North side before Holmes

From the West
Take I-70 east to I-670 into downtown Kansas City
Stay right and look for U.S. 71 South.
Take U.S. 71 South to 22nd Street
Turn right (West) on 22nd Street and proceed to Holmes Rd
Building is on the North side just past Holmes