The Eating Disorders Center (EDC) at Children’s Mercy Kansas City provides specialized, family-centered outpatient services to children and adolescents, ages 10-21, for the evaluation and treatment of eating disorders.

The Eating Disorders Center is staffed with pediatric specialists in adolescent medicine, psychiatry, psychology, nutrition and social work. The EDC team utilizes a multidisciplinary treatment approach to provide medical evaluation and management, individual therapy, family therapy and nutrition services. Our family-centered programming includes family coaching and support for caregivers throughout treatment and recovery. The center’s approach to wellness involves normalizing nutritional intake, addressing emotional issues and improving coping skills, and achieving a healthy lifestyle and body image.

An Integrated Approach to Eating Disorders

We care for patients using a family-centered and developmentally-appropriate model. The role of parents and the therapeutic techniques employed are adapted to match the specific needs of the child or adolescent.
Diagnoses and Conditions Treated
(including, but not limited to the following, listed in alphabetical order)

• anorexia nervosa
• bulimia nervosa
• other eating-related disorders

Services Provided

• individual therapy
• family therapy
• medical monitoring and management
• nutrition support
• meal coaching
• family education and support
• care coordination plans with additional medical providers
• family psycho-educational sessions to build skills and enhance coping skills.

Contact Us

To refer a patient to the Eating Disorders Center, call (913) 696-5070. For after-hours consults, call 1-800-GO-MERCY.
Phone: (913) 696-5070
Fax: (913) 696-5069

To refer patients online, visit www.childrensmercy.org/physicians. Click on Specially Clinics/Pre-Visit Forms and then choose Eating Disorders Center.

Locations

Eating Disorders Center
Children’s Mercy South
College Boulevard Clinics
5520 College Boulevard, Suite 320
Overland Park, KS 66211

Faculty

The Eating Disorders Center is a multidisciplinary program under the direction of the Division of Developmental and Behavioral Sciences, and in collaboration with the Divisions of Adolescent Medicine, Nutrition and Social Work.

Patricia Davis, MSW, LSCSW, LCSW
Family Therapist

Lizzie Dum, RD, LD
Clinical Nutrition Specialist

Sara Gould, PhD
Licensed Psychologist

Beth Harrell, MS, RD, LD, CEDRD
Nutrition Program Coordinator

Romy Hayes, RN, CPN
Specially Center Nurse

Laurie Hornberger, MD
Adolescent Medicine Specialist

Whitney McNeil, LCSW, LMSW
Social Worker/Family Outreach Coordinator

Melissa Mereghetti, MS, RD, LD
Senior Clinical Nutrition Specialist

Chris Ohlemeyer, MD
Adolescent Medicine Specialist

Kathryn Pieper, PhD
Director, Eating Disorders Center
Licensed Psychologist

Shayla Sullivant, MD
Child and Adolescent Psychiatrist

Lindsay Tobler, MD
Child and Adolescent Psychiatrist

Margaret Waller, MD
Adolescent Medicine Specialist