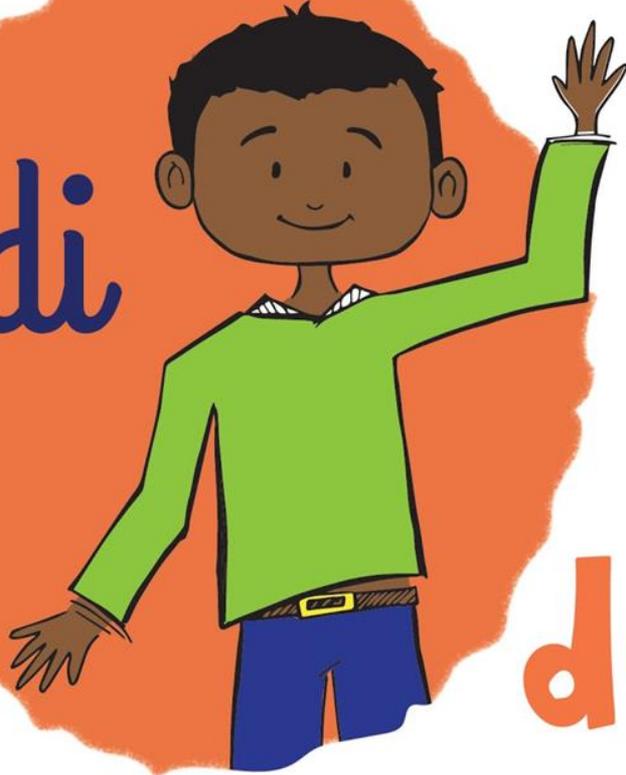


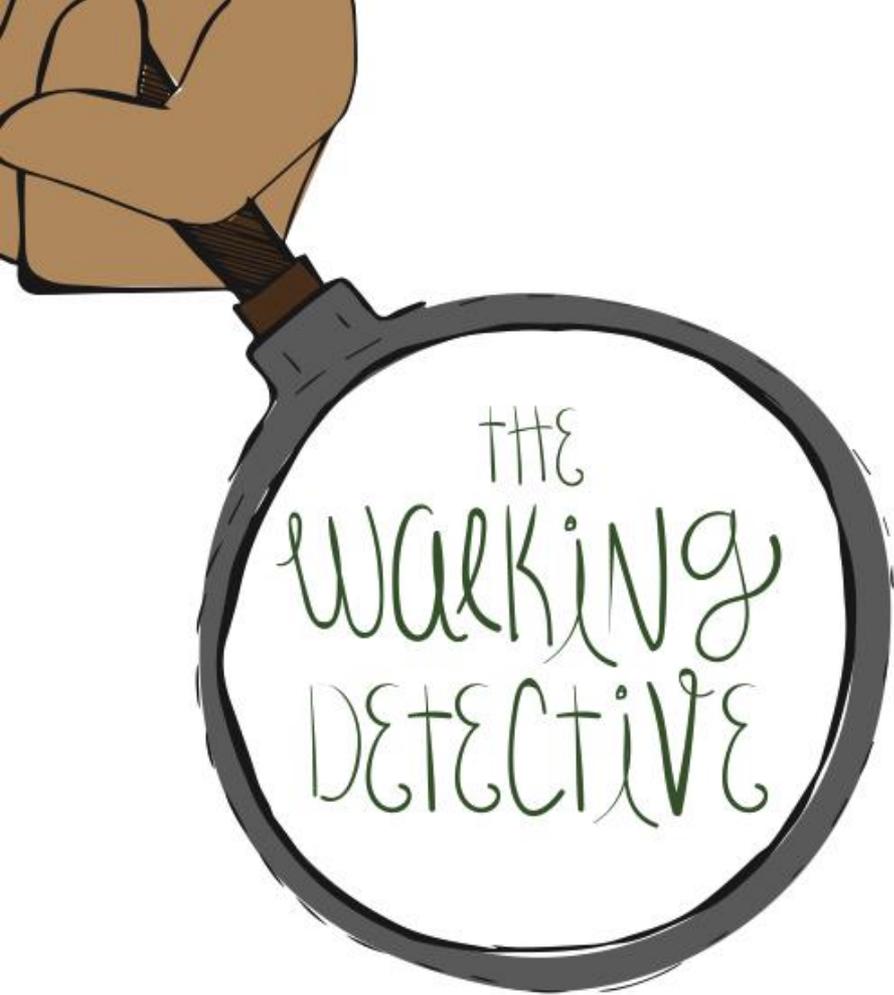
A TALE OF

Ghedi



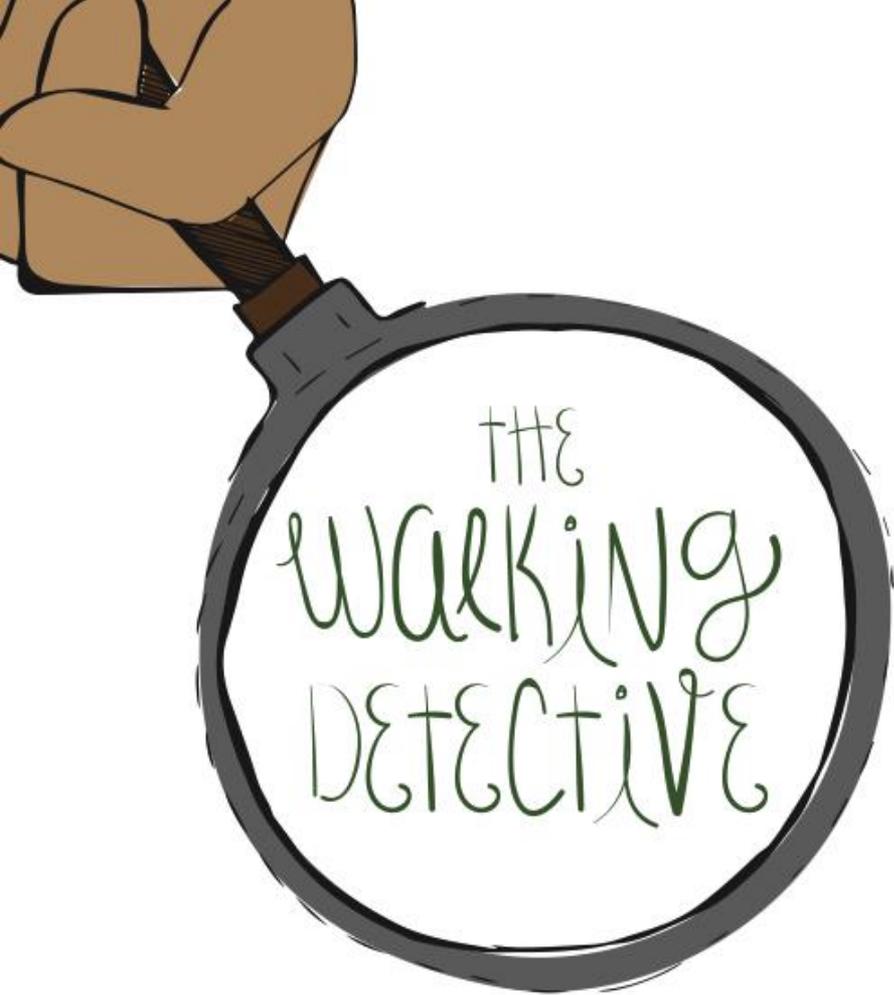
THE
WALKING
DETECTIVE





Leader's Guide

- Benefits of walking and biking
- Barriers to walking and biking
- Pedestrian safety tips
- Planning and leading a walking investigation
- Additional resources



Kids' Workbook

- Benefits of walking and biking
- Vocabulary words
- Pedestrian safety tips
- Clue checklist
- Case report

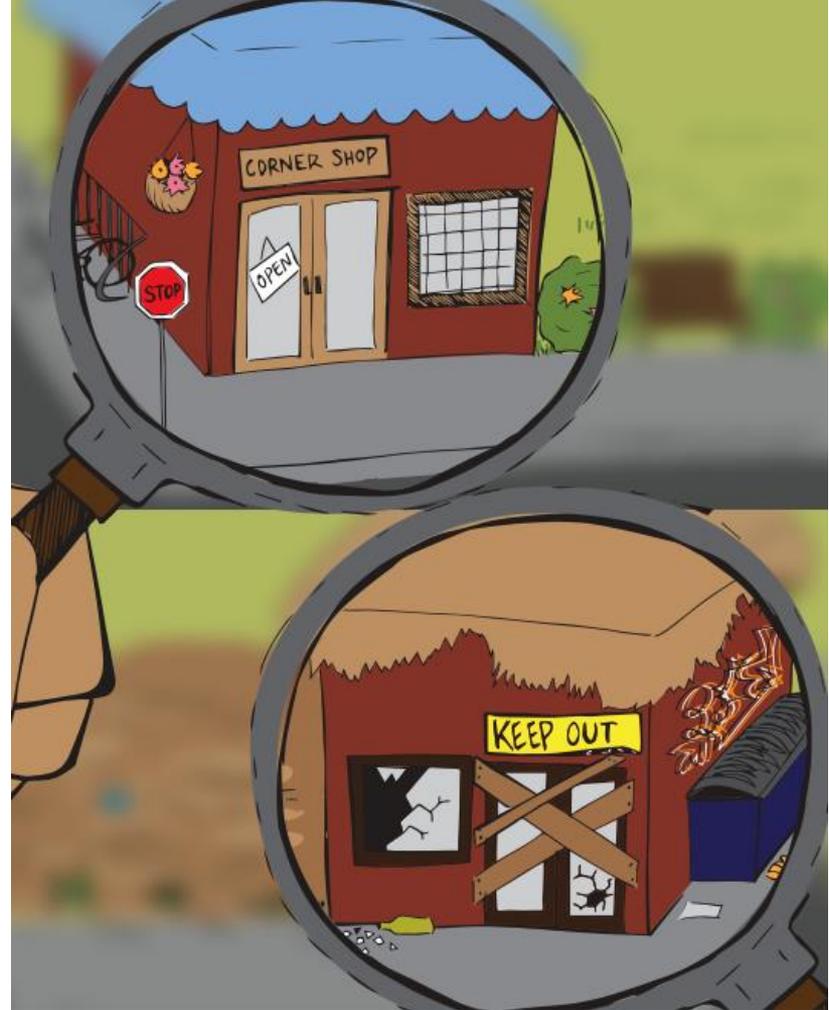
Clues Checklist: Circle a score for each clue. 1 = pretty bad 2 = okay 3 = great

NOTES

Surroundings:

1	2	3	There are trees for shade along the sidewalk.
1	2	3	The air smells fresh and clean.
1	2	3	There are benches along the sidewalk to sit and rest.
1	2	3	There are open spaces and parks for me to play.
1	2	3	There are bike racks to park my bicycle.
1	2	3	There are a variety of buildings on the street.

_____ points



CASE REPORT



Date _____

Dear _____,

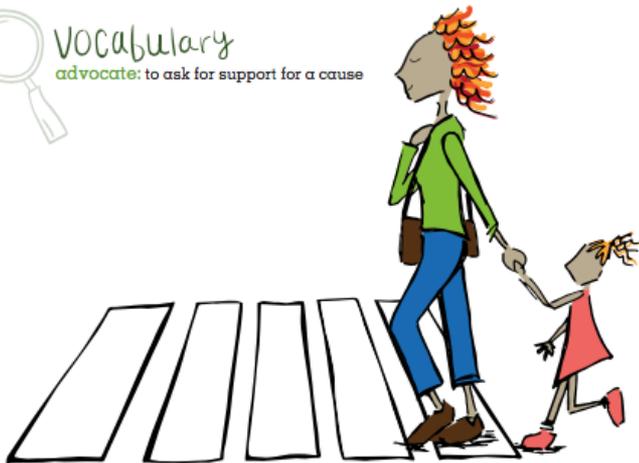
Do your part to **advocate** for a walkable community!

Collect your evidence and create a case report. Use it to show your lawmakers which things make it easy to walk and bike, and which things make it hard.



Vocabulary

advocate: to ask for support for a cause



Thank you for helping to create a walkable and bikeable community.

Walking and biking benefit the entire community, especially kids like me.

I did a walking investigation in _____ to see if my
(neighborhood / city)
neighborhood is a safe and easy place to walk and bike.

Here are some things that help me walk and bike safely:

Here are some things that need improvement:

Together we can make our community a friendly place to walk and bike for everyone.

Sincerely,

Name and Age _____

School _____

Sources

- Centers for Disease Control and Prevention
- National Center for Chronic Disease Prevention and Health Promotion
- National Center for Safe Routes to School
- National Physical Activity Plan Alliance
- Safe Routes to School National Partnership
- U.S. Department of Health and Human Services
- U.S. Department of Transportation