Welcome

Weighing In Quarterly Meeting
Engaging Community Partners Using Community-Based Participatory Research Approaches

Jannette Berkley-Patton, Ph.D.,

- Professor in the School of Medicine Biomedical and Health Informatics Department,
- Director of the Community Health Research Group,
- Director of the UMKC Health Equity Institute,
- Adjunct faculty in the Department of Psychology at the University of Missouri Kansas City.
Family-Based Behavioral Treatment for Low-Income Children with Obesity

Sarah Hampl, MD

- Leads the advocacy focus area at the Center for Children’s Healthy Lifestyles & Nutrition.
- She is involved on the state level in MO to advocate for improved childhood obesity prevention programs and treatment services.
Updates

Healthy Lifestyles Initiative (HLI)

Early Childhood

Healthy Schools

Other
Resources – Fall Fit-Tastic! newsletter
Fittastic.org
Welcome back Emily!

Next meeting:
- Date: Thursday, September 26th
- Time: 1:30-3:00 p.m.
- Location: Don Chisholm Bldg
  1st floor conference room
  610 E 22nd, KCMO 64108
Healthy Schools

Next meeting:
Date: Thursday, October 3rd
Time: 2:00-3:30 p.m.
Location: Don Chisholm Bldg
1st floor conference room
610 E 22nd, KCMO 64108
Other Updates – CM Community Garden

• Summer crop – tomatoes, zucchini, peppers
• Over 300# of produce so far this year
• Shed currently being built
• Looking for distribution partners

For more information contact us at communitygarden@cmh.edu
K C
Fun & Fitness
DAY
SATURDAY, SEPT. 28, 2019, 11:00 AM - 3:00 PM
SEVEN OAKS PARK
39TH & KENSINGTON, KCMO

2K Walk/Run for Adults:
9:30-10:10
2K Walk/Run for Children
10:30-11:00
Pre-register at
www.ccom-kc.org

• Carnival Games
• Face Painting
• Community Resources
• Food & Clothing Giveaway
• Fitness Activities
• Health Screenings
• Much More!

Please bring your lawn chairs.
No coolers, please.
Dress for the weather.
Rain or Shine.

THIS IS AN OUTDOOR ACTIVITY WITH MUSIC, FOOD, DANCING & LOTS OF FAMILY FUN!

www.ccom-kc.org

LOVE WILL.

Children's Mercy
Registration is coming soon for the October 17th MOCAN quarterly meeting!
Meeting location: Center for Children’s Healthy Lifestyles & Nutrition
Don Chisholm building
610 E. 22nd St, KCMO 64108
first floor conference room
Thank you!

Next Weighing In Quarterly Meeting

December, 19\textsuperscript{th} 2019
9:00-11:00 a.m.
Kauffman Foundation Conference Center