
9:00 a.m.  
Registration & Networking  
Healthy Breakfast

9:05 - 9:10 a.m.  
Welcome & Introductions

9:10 - 9:30 a.m.  
Overview of how healthy foods fit into the food security system - slides  
Presented by Beau G. Heyen, President/CEO, Nourish KC

9:30 - 9:40 a.m.  
“Healthy Foods in Pantries” - slides  
Presented by Taryn Glidewell, Nutrition Services Manager, Harvesters

9:40 - 9:50 a.m.  
“Special Diet Rx” - placeholder title slide  
Presented by Emily Brown, Food Equality Initiative

9:50 - 10:00 a.m.  
“Kanbe’s Market” - placeholder title slide  
Presented by Max Kaniger, Executive Director, Kanbe’s Markets

10:00 - 10:10 a.m.  
“TMC Healthy Harvest Mobile Market” - placeholder title slide  
Presented by Justin Moss, Operations Coordinator, Community Health Strategies and Innovation, Truman Medical Center

10:10 - 10:20 a.m.  
“Double Up Food Bucks: Gearing Up for the 2018 Season” - slides  
Presented by Donna Martin, MPH, AICP, Senior Public Health Planner & Double Up Heartland Program Manager, Mid-America Regional Council

10:20 - 10:30 a.m.  
“Connecting Health Care and Healthy Food Access: Lessons Learned from the Food Rx” - slides  
Presented by Emily Meissen-Sebelius, MSW and Emily DeWit, MASL, Project Coordinators with Weighing In, Children’s Mercy

10:30 - 10:45 a.m.  
Panel Discussion  
Panelists: Beau Heyen, Taryn Glidewell, Emily Brown, Max Kaniger, Donna Martin, Emily Meissen-Sebelius, Emily DeWit, Doug Langner, Justin Moss
10:45 - 11:00 a.m.  **Updates**  
Healthy Lifestyle Initiative  
Early Childhood Working Group  
Healthy Schools Working Group  
Mother and Child Health Coalition  
e-WIC rollout  
KC Healthy Kids  
Farmers Market seasons  
USDA summer feeding site map  
New Fit-Tastic! website  
Other Updates  
Upcoming work group meetings  
Factors of Healthy Childhood Obesity Summit  

11:00 a.m.  **Adjourn Weighing In Meeting**  

**Resource table:**  
- MCHC flyer  
- KC Healthy Kids - Michelle  
- TMC mobile market schedule - Justin  
- Obesity Summit save the date - Rich/Rae  
- DUFB - Donna