# MITROFANOFF PREPARATION FOR KIDS



## What is a Mitrofanoff?

A Mitrofanoff is small tunnel from the bladder to the outside of your body. Your bladder is the part of your body that holds your pee.

### Why do I need one?

Some children need help getting pee out of their bladder. A Mitrofanoff is a way to empty the pee out of your bladder.

#### How do I get a Mitrofanoff?

A doctor will make your Mitrofanoff during surgery. You will get medicine to make sure you are asleep during the surgery. You will not see, hear, or feel anything during surgery.

#### How does it work?

You will have an opening in your stomach called a 'stoma'. The stoma is small and pink and should not hurt. It may look bigger when you first get it, but it will get smaller.

A small tube called a catheter will be put into the stoma. This tube will connect to the tunnel in your bladder. The tube will help empty the pee from your bladder into a container or into the toilet. This should not hurt.

### What is my job?

Your job is to hold still and take deep breaths while your bladder is being emptied. You may be able to help by holding the container or putting the tube into the stoma. If you do not want to put the tube into the stoma, a nurse or caregiver can help you.

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