Global Health Elective: Trujillo, Peru

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Background

- Desire better communication with Spanish speaking families
- Learn to provide better care when resources are limited
- Trujillo is the 3rd largest city in Peru
- El Regional is a government funded teaching hospital



Objectives

- Spanish immersion and understanding another culture
- Caring for patients in a resource sparse setting
- Understand challenges facing families in Peru

Preparation

- Children's Mercy CHiCoS Spanish speaking Clinic
- Spanish immersion month
- Canopy Spanish language program
- Global Health Track

Experience

- Pediatric ER at El Regional Hospital
- Provided free clinics to local schools and prisons
- Spanish classes led by language teachers and doctors

Reflection

- Opportunity to learn from Peruvian doctors
- Gained better understanding of triage
- Improved care with limited resources
- Competency in language is a long process
- Fluent communication with families is vital

Future Directions

- Continue studying Spanish
- Work with Spanish-speaking and low-resource families in my general pediatric practice











