

Welcome

Weighing In Quarterly Meeting



Children's Mercy
KANSAS CITY

Overview of How Healthy Foods Fit Into the Food Security System

Beau G. Heyen



NourishKC

formerly

EPISCOPAL COMMUNITY SERVICES

Feeding the Hungry



Changing Lives

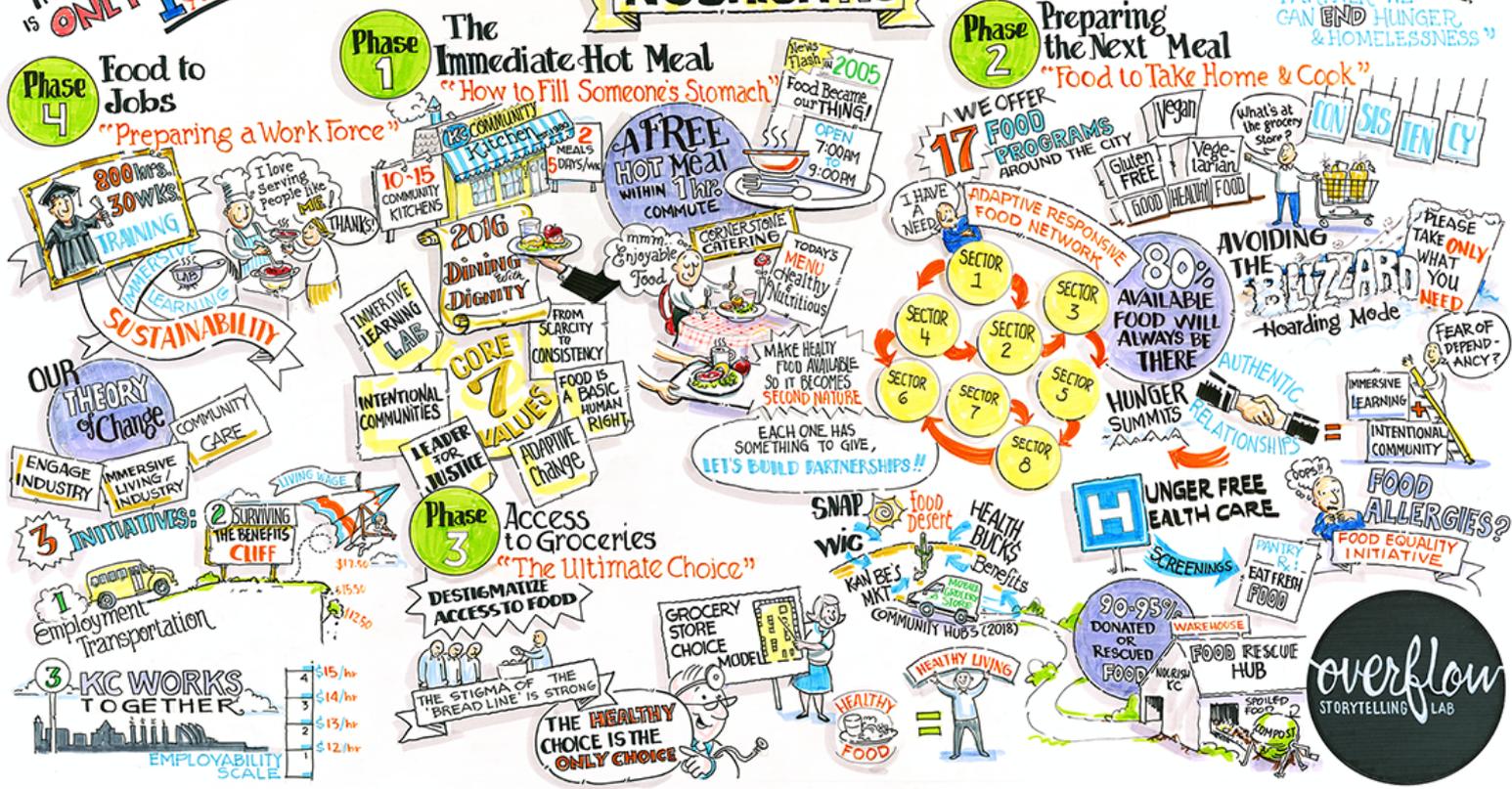
From **FOOD INSECURE** to **FOOD SECURE**

The **Food Security Network**

FOOD INSECURITY IS ONLY **1 STEP AWAY**

IS ALL ABOUT HOW WE KNOW EACH OTHER
COMMUNITY!
 "IF WE PARTNER WE CAN END HUNGER & HOMELESSNESS"

NOURISH KC



Phase 4: Food to Jobs
 "Preparing a Work Force"

800 hrs. 30 WKS. TRAINING

IMMERSIVE LEARNING LAB

SUSTAINABILITY

OUR THEORY of Change

ENGAGE INDUSTRY

IMMERSIVE LIVING / INDUSTRY

COMMUNITY CARE

Phase 1: The Immediate Hot Meal
 "How to Fill Someone's Stomach"

10-15 COMMUNITY KITCHENS

2 MEALS 5 DAYS/WK

AFREE HOT MEAL WITHIN 1hr COMMUTE

NEWSPAPER 2005
 Food Became our THING!

OPEN 7:00PM - 9:00PM

IMMERSIVE LEARNING LAB

DINING WITH DIGNITY

FROM SCARCITY TO CONSISTENCY

FOOD IS A BASIC HUMAN RIGHT

80% AVAILABLE FOOD WILL ALWAYS BE THERE

ADAPTIVE RESPONSIVE FOOD NETWORK

SECTOR 1 through **SECTOR 8**

HUNGER FREE HEALTH CARE

90-95% DONATED OR RESCUED FOOD

WAREHOUSE FOOD RESCUE HUB

overflow STORYTELLING LAB

Phase 2: Preparing the Next Meal
 "Food to Take Home & Cook"

17 FOOD PROGRAMS AROUND THE CITY

ADAPTIVE RESPONSIVE FOOD NETWORK

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COMMUNITY CARE

3 INITIATIVES:

1. EMPLOYMENT TRANSPORTATION

2. SURVIVING THE BENEFITS CLIFF

3. KC WORKS TOGETHER

EMPLOYABILITY SCALE

1 \$15/hr
2 \$14/hr
3 \$13/hr
4 \$12/hr

Phase 3: Access to Groceries
 "The Ultimate Choice"

10-15 COMMUNITY KITCHENS

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Food Insecure / Hungry

Kansas City Community Kitchen
 Cornerstones Catering
 Meals on Wheels
 St. Paul's KCK Breakfast



Hunger Summits
 Hunger Relief Network
 Wellness Wednesday
 Food Equality Initiative
 Hunger Free
 Healthcare KC

KCK Mobile Market
 Kanbe's Market
 KCMO Grocery Hubs



Culinary Cornerstones
 KC Works Together
 STEP Coalition
 Employment Transportation Roundtable



Food Security





Intersection of Hunger and Health

Health & Hunger

Historically, food pantries have focused on filling empty stomachs with whatever food is available. Much of this food tends to be highly processed and full of fat, sugar & sodium. Easily accessible, non-nutrient dense food may temporarily alleviate hunger pangs, but ultimately can contribute to chronic disease such as obesity, diabetes and heart disease.

The opposite of hungry isn't full; it's healthy!

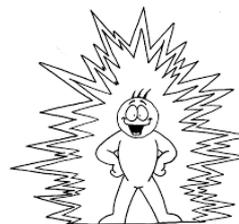


HARVESTERS
COMMUNITY FOOD NETWORK

Food Security

In the United States, our primary concern is of food insecurity, not actual hunger. In other words, people in the U.S. are not dying due to lack of sufficient energy (calories) as is commonly shown with starving children in developing countries. In the U.S. people are struggling with **food security** and a paradox of being *overfed, yet undernourished* (malnourished) – more accurately described as **nutrition insecurity**.

Food security definition: when all people at all times have access to sufficient, safe, nutritious food to maintain a healthy and active life.



HARVESTERS
COMMUNITY FOOD NETWORK

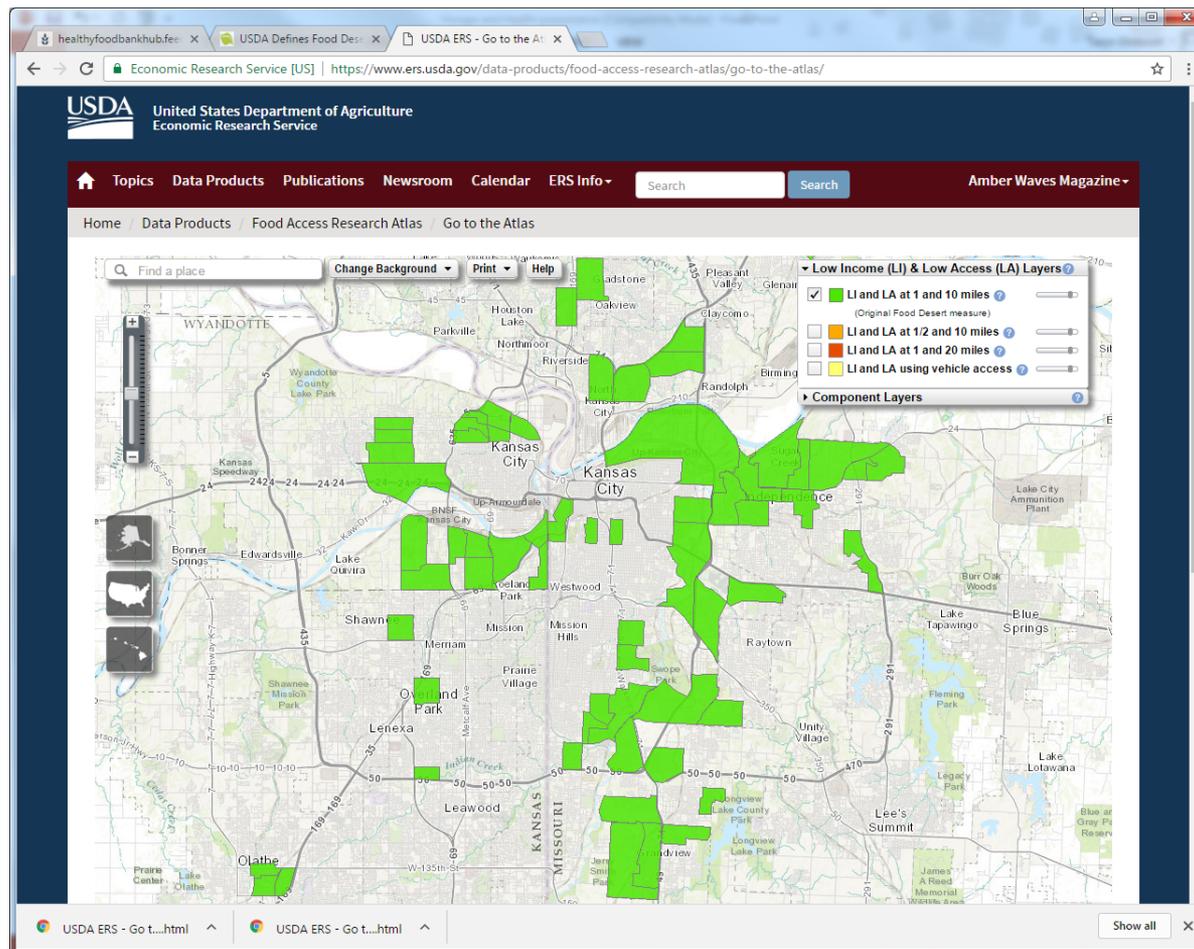
Food Desert

A **food desert** exists when particularly nutritious food is difficult to obtain due to availability, affordability, distance, or number of supermarkets in a given area, urban or rural.



HARVESTERS
COMMUNITY FOOD NETWORK

Food Deserts in Kansas City area



HARVESTERS
COMMUNITY FOOD NETWORK

The Stark Reality:

- 1 in 7 people struggle with hunger and miss an estimated 67.6 million meals every year.
- 1 in 5 children struggle with hunger.
- 49 percent of households who need food have at least one person who has worked in the last year.
- 16 percent of clients report they are responsible for grandchildren in the household.
- This is why Harvesters is here.



HARVESTERS
COMMUNITY FOOD NETWORK

Who We Are:

- *Mission*

We feed hungry people today and work to end hunger tomorrow.



- *Vision*

That everyone in our community will have access to enough nutritious food to maintain a healthy lifestyle.



HARVESTERS
COMMUNITY FOOD NETWORK

Who We Serve:



HARVESTERS' SERVICE AREA



Who We Serve:

- Harvesters distributes more than **46 million pounds** of food annually to more than **620 nonprofit agencies** in **26 counties**:
 - 10 northwestern Missouri counties
 - 16 northeastern Kansas counties.

- Agencies include:
 - Pantries
 - Shelters
 - Kitchens



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COMMUNITY FOOD NETWORK



**FEEDING
AMERICA**

Hunger in America 2014

Report for Harvesters - The Community Food Network



A Report on Charitable Food Distribution in 2013



HARVESTERS
COMMUNITY FOOD NETWORK

Hunger in America Report Health Findings 2014

62% **HAVE TO CHOOSE BETWEEN
FOOD AND MEDICAL CARE**



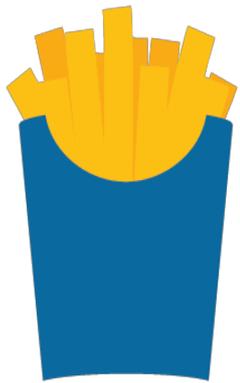
62%
OF HOUSEHOLDS HAVE
A MEMBER WITH
HIGH BLOOD
PRESSURE



37%
OF HOUSEHOLDS HAVE
A MEMBER
WITH
DIABETES

Two prevalent preventable diet-related diseases are shown above. Once diagnosed, a vicious cycle occurs. Medication and medical care costs decrease the amount of money available for food. Many times individuals focus on *quantity* of free food over nutritional *quality* thus perpetuating the unhealthy cycle.

Hunger in America Report Coping Mechanisms 2014



78%

PURCHASE
INEXPENSIVE,
UNHEALTHY FOOD

57%

RECEIVE HELP
FROM FRIENDS
OR FAMILY

34%

WATER DOWN
FOOD OR DRINKS

36%

SELL OR PAWN
PERSONAL
PROPERTY

29%

GROW FOOD
IN A HOME OR
COMMUNITY GARDEN



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COMMUNITY FOOD NETWORK

What Agencies Are Asking For More:

Fresh fruits and vegetables

52%

Protein food items like meats 48%

Dairy products

47%



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COMMUNITY FOOD NETWORK

Additional Food Items Desired by Agencies:

- Allergen friendly
- Low-sodium
- No added sugar
- Whole grain



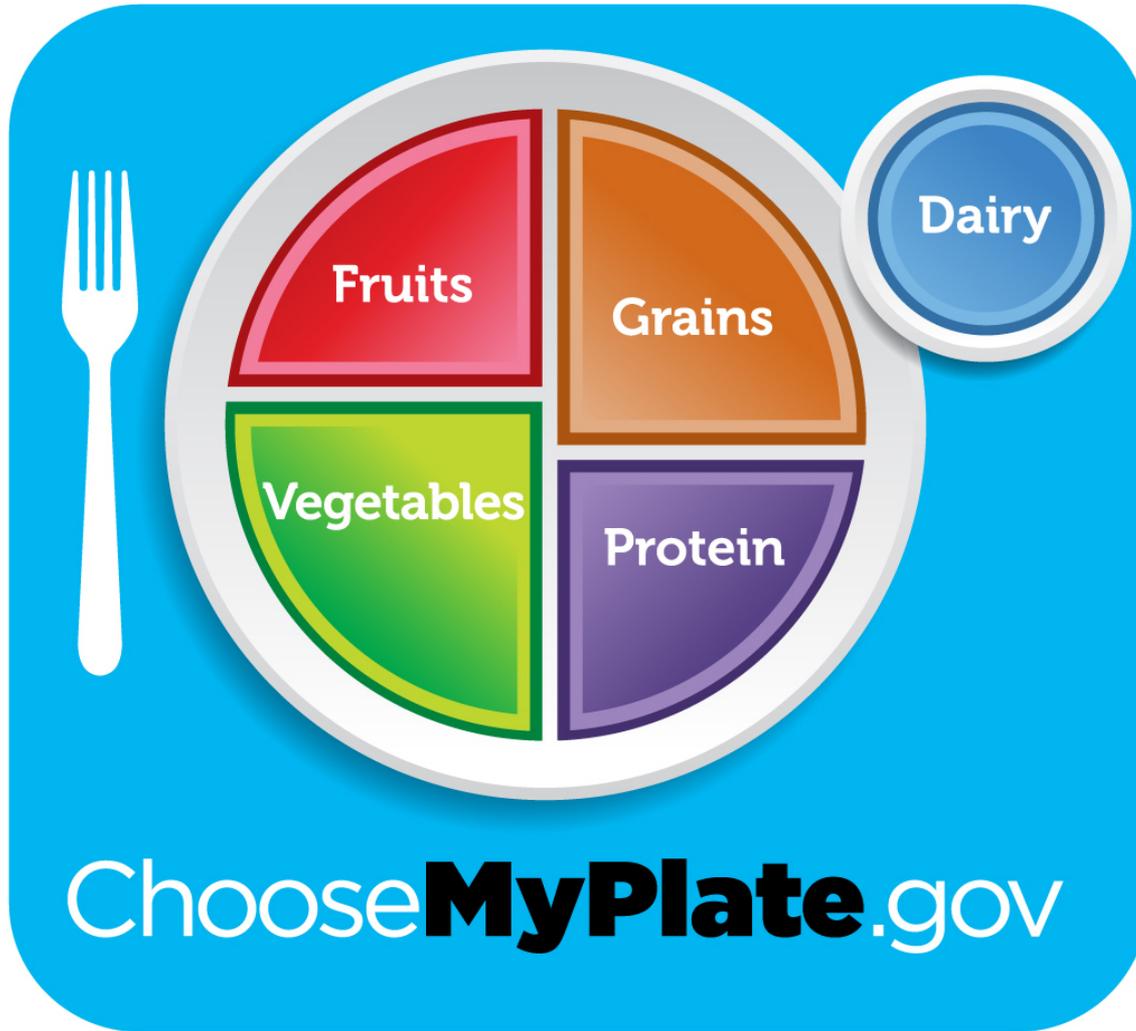
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COMMUNITY FOOD NETWORK

Promoting Healthy Eating:

- Nutrition Services teaches more than 10,000 children, teens and adults about preparing healthy meals and snacks on a budget.
- Nutrition Services also reaches out to clients at food pantries and mobile distributions providing recipes and tastings.



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COMMUNITY FOOD NETWORK



Choose **MyPlate**.gov



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Harvesters' Response to the Need:

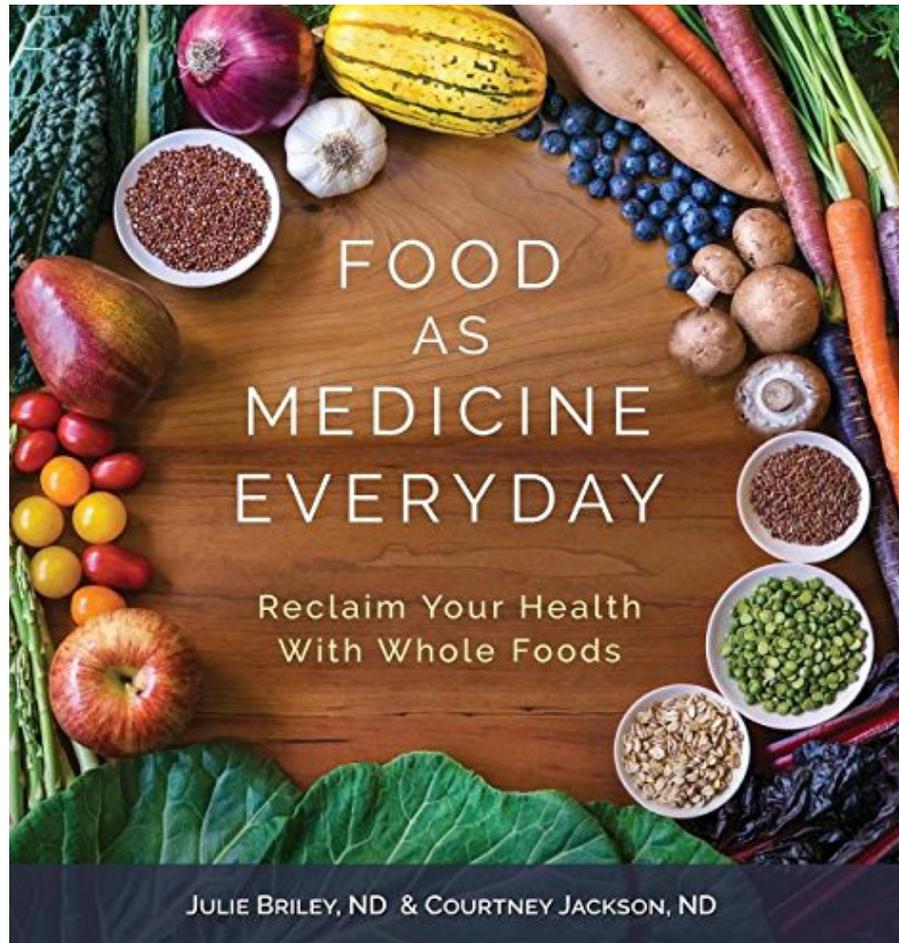
- Mobile Food Distributions
- Supporting existing pantries to increase pantry access and client dignity
- Offering more produce to all agencies (17M lbs. annually)
- Health Care Setting pantry pilot
- Diabetes Research
- Recipe Distribution
- SNAP Outreach
- Increased infrastructure:
 - Cooler space
 - Clean Room
 - Refrigerated Trucks
 - Refrigeration for Pantries
 - Shorter Life Span on Produce and Education
 - Nudges and Healthy Pantry Support



Harvesters' Response to the Need:

- Coordinate nurse screenings at agencies
- Healthy Cooking Classes for Kitchen staff and volunteers
- Education to volunteers and donors on need for healthy items
- Healthy Food Drives
- Plant A Row
- Milk to MyPlate
- Pantry and Kitchen consulting on health initiatives
- Webinars for agencies with ADA, AHA, and other providers
- Focus Group with partner agencies to find out capacity and readiness for more
- Hunger Vital Signs training for Healthcare providers





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COMMUNITY FOOD NETWORK

Stay Connected:

www.harvesters.org

www.hungerandhealth.feedingamerica.org



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Thank you!

Taryn Glidewell

-Nutrition Services Manager



HARVESTERS
COMMUNITY FOOD NETWORK

Special Diet Rx



**Leading the “Free From”
Food Access Movement**

I'M IN NEED

I CAN HELP





**Dedicated to eliminating
food deserts in KC.**





Healthy Harvest Mobile Market



TMC Mobile Market Route

Spring 2018 Schedule

Tuesday

9:00 am-10:00 am
Jackson County Courthouse
415 East 12th St., KCMO

11:00 am-12:30 pm
Don Bosco (1st & 3rd Tues)
309 Benton Blvd, KCMO

11:00 am-12:00 pm
Sam Rodgers
(2nd & 4th Tues)
825 Euclid Ave., KCMO

1:00 pm-2:00 pm
Sam Rodgers – Cabot
2121 Summit St., KCMO

2:30 pm-3:30 pm
KCATA – Employees Only

5:30 pm-6:30 pm
Don Bosco (2nd & 4th Tues)
309 Benton Blvd., KCMO

Wednesday

9:30 am-10:30 am
Westport House
4020 Mill St., KCMO

11:00 am-12:00 pm
MCC-Penn Valley
3201 SW Trfwy., KCMO

1:30 pm-2:30 pm
Partners in Primary Care
301 E. Armour Blvd., KCMO

3:00 pm-4:00 pm
Linwood YMCA
3800 E. Linwood Blvd., KCMO

Thursday

8:30 am-9:30 am
Southeast Community Center
4201 East 63rd St., KCMO

10:00 am-11:00 am
Palmer Center
218A N. Pleasant St.,
Independence, MO

12:30 pm-2:30 pm
Schools - KCPS

3:00 pm-4:00 pm
School – KCNA

Friday

9:00 am-3:00 pm
Community Health Education:
Collaborative Programming

9:00 am-1:00 pm
TMC Lakewood (First Fridays)
7900 Lee's Summit Rd., KCMO

**HHMM does not operate on Mondays*





Double Up Food Bucks

March 29, 2018

Weighing In Quarterly Meeting



DOUBLE UP
FOOD BUCKS™

Double Up Food Bucks

A NATIONAL MODEL FOR HEALTHY FOOD INCENTIVES



Families bring home more healthy food



Farmers make more money



More food dollars stay in local economy, **strengthening communities**



**DOUBLE UP
FOOD BUCKS**

Double Up Heartland

Farmers Markets

How the Incentive Works

- SNAP tokens are purchased with an EBT card at participating farmers market information booth. SNAP tokens can purchase any SNAP eligible item at the market.
- Double Up Food Buck (DUFB) tokens are given as a match (\$25 per day). DUFB tokens can purchase any fresh vegetables and fruits at the market.
- Customer shops!



Double Up Heartland

Grocery Stores

How the Incentive Has Worked

- Customer buys LOCALLY GROWN, fresh vegetables and fruits with their SNAP EBT card.
- For every \$1 of locally grown, fresh vegetables and fruits bought, the customer would get \$1 of DUFEB (up to \$25 per day). The earned \$1 would be tracked on a store account/loyalty card or given in the form of a voucher.
- The earned DUFEBs can be spent on ANY fresh fruits and vegetables.



Double Up Food Bucks 2017

Year 2

- During 2017, 144 locations participated in DUFEB from Salina to St Louis, St Joseph to Pittsburg.
- The following table summarizes the number of locations in each geographical area:

Type of Location	St Louis Metro	Central and Southern MO	West Central Missouri	KC Metro	Eastern Kansas
Farmers Markets	6	13	6	21	20
Grocery Stores	62	0	0	15	1
Total Locations	68	13	6	36	21



Double Up Food Bucks 2017

Results from Year 2

Area	# of Locations	# of SNAP transactions	Amount of SNAP Transactions	DUFB Incentive Distributed	DUFB Incentive Redeemed	% Redeemed
St Louis FM	6	483	\$10,362	\$9,361	\$8,420	90%
St Louis Grocery	62	850,620	\$40,758,249	\$19,861	\$14,196	71%
C & S MO FM	13	4851	\$114,644	\$87,520	\$80,855*	92%
WC MO FM	6	352	\$6,477	\$5,934	\$5,273	89%
KC FM	21	10,368	\$166,209	\$146,335	\$136,460	93%
KC Grocery	15	448,389	\$17,629,430	\$76,950	\$16,545	22%
E KS FM	20	2,070	\$38,683	\$37,336	\$31,709	85%
E KS Grocery	1	662	\$138,873	\$1,349	\$1,307	97%
TOTALS	144	1,317,3786	\$58,862,927	\$384,647	\$294,774	77%



Double Up Food Bucks 2017

Crucial Elements for Success

- IT/Point of Sale Systems have to be in place and working well.
- Training of people implementing the program needs to be clear and continuous.
- Communication to SNAP customers is critical: awareness, how the program works, status of earned and redeemed.
- Fresh vegetables and fruits (preferably a variety) need to be available.



Double Up Food Bucks 2018

Looking Forward



- In 2018, we are expecting 148 locations to offer the program.
- 12 are new!
- Additional locations may be added during the summer.



**DOUBLE UP
FOOD BUCKS™**

Double Up Food Bucks 2018

Looking Forward

- Grocery store model is changing in the larger chains:
 - Customer buys fresh vegetables and fruits with their SNAP EBT card.
 - For every \$1 of fresh vegetables and fruits bought, the customer gets \$1 of DUFEB (up to \$25 per day).
 - The earned DUFEBs can be spent on fresh fruits and vegetables.
- Depending on usage, the time frame to earn may need to be limited. Redemptions will still be year round.
- The grocery stores will still be encouraged to support locally grown produce and to call attention to it in their stores.



Double Up Heartland

COMMUNICATIONS AND OUTREACH

COMMS

Brand

Marketing
Materials

Website

Social
Media

Advertisin
g

Earned
Media

Partners
&
Volunteer
s

Hotline,
Info@

Double Up Heartland Signage

DOUBLE YOUR FOOD DOLLARS

- 1 SWIPE YOUR EBT CARD.**
- 2 GET YOUR TOKENS.**
- 3 BUY YOUR FOOD.**

SNAP Eligible Items Only \$1 No Change Given

Double Up Food Bucks

Use SNAP for these items:

EBT / SNAP \$1 NO CHANGE GIVEN

- Fruits Vegetables
- Honey
- Baked goods Cereals
- Milk & Cheeses Eggs
- Seeds and plants for food
- Coffee beans Coffee grounds
- Dips, Salsas Frozen food
- Meats Poultry

Use Double Up Food Bucks for these items:

DOUBLE UP FOOD BUCKS KANSAS CITY

Fresh fruits and vegetables

BUY \$1 LOCAL PRODUCE with your EBT Card **UP TO \$25 PER DAY**

EARN \$1 IN FREE PRODUCE with your Rewards Card on your next visit



Double Up Heartland

Brochures - In print and online



DOUBLE YOUR FOOD DOLLARS

Get more fruits and veggies with DOUBLE UP FOOD BUCKS!

UP TO \$25 PER DAY

Visit a participating GROCERY STORE
BUY \$1 EARN \$1 local fruits and veggies with your EBT card
 FREE Double Up Food Bucks for any fresh fruits and veggies

Visit a participating FARMERS MARKET
BUY \$1 GET \$1 SNAP tokens with your EBT card
 Double Up Food Bucks tokens FREE for fresh fruits and veggies

Questions? Call 314-254-3446 or visit www.DoubleUpHeartland.org



2016

Visit a participating FARMERS MARKET or GROCERY STORE near you!

ST. LOUIS & EASTERN MISSOURI GROCERY STORES

- City Greens**
4260 Manchester Ave.
St. Louis, Missouri
Tues-Fri, 10 a.m.-6pm;
Sat, 9 a.m.-1 p.m.
- Local Harvest Grocery**
3108 Morganford Rd.
St. Louis, Missouri
8 a.m.-8 p.m.
- St. Louis MetroMarket**
Various locations in St. Louis, Missouri.
See stlmetromarket.com for dates, times and locations. (Mobile)
- Schnucks**
City Plaza
5000 N. Main St.
St. Louis, Missouri
6 a.m.-12 a.m.

Look for more Schnucks locations in the future!

ST. LOUIS & EASTERN MISSOURI FARMERS MARKETS

- De Soto Farmers Market**
520 N. Main St.
De Soto, Missouri
Apr. 30-Oct. 22
Sat. 8 a.m.-12 p.m.
- Ferguson Farmers Market**
20 S. Florissant Rd.
Ferguson, Missouri
May-Oct:
Sat, 8 a.m.-12 p.m.
- North City Farmers Market**
2700 N. 13th St.
St. Louis, Missouri
June 4-Oct. 15:
Sat, 10 a.m.-12 p.m.
- Salem Farmers Market**
200 S. Main
Salem, Missouri
May-Sept:
Sat, 7:30 a.m.-12 p.m.;
Tues. 3-6 p.m.
- Tower Grove Farmers Market**
4256 Magnolia Ave.
St. Louis, Missouri
Apr. 16-Nov. 12:
Sat, 8 a.m.-12:30 p.m.
- Webster Groves Farmers Market**
4 E. Lockwood Ave.
Webster Groves, Missouri
May-Oct:
Thurs. 3-6:30 p.m.

Double Up Food Bucks is at participating grocery stores and farmers markets.
 See a list of all locations at www.DoubleUpHeartland.org.



DOUBLE UP FOOD BUCKS

Double Up Heartland

Website




HOW IT WORKS
It's easy to use Double Up. Learn how it works at farmers markets and select grocery stores.


FIND A LOCATION
150+ farmers markets and groceries participate across Michigan, plus more in other states.


GET INVOLVED
Apply now to be a 2016 **GROCERY STORE** or **FARMERS MARKET** or **FARM STAND** location! Applications are due the week of March 14th.


IN THE NEWS
Altarum Institute: SNAP Incentives in Farmers Markets: The Double Up Food Bucks Consumer Experience



www.DoubleUpHeartland.org



Double Up Heartland

Getting the Word Out...

Your Organization Can Help!

- Please help us get the word out about this program by:
 - Requesting for printed brochures and handing them out to the people you work with that might benefit from the program.
 - Include graphics from our website in communications you have with clients and consumers (newsletters, waiting rooms/lobby tv, emails, etc.)
 - Verbally encourage your clients/consumers to try the program out. If there are questions, call 913 701-8286



Double Up Heartland

QUESTIONS?

Contacts:

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DUFH Heartland Principal Investigator
Senior Public Health Planner
Mid-America Regional Council
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816 701-8369

Jen Marsh
DUFH Program Manager, KC
Cultivate KC
Jennifer@cultivatekc.org
913 831-2444





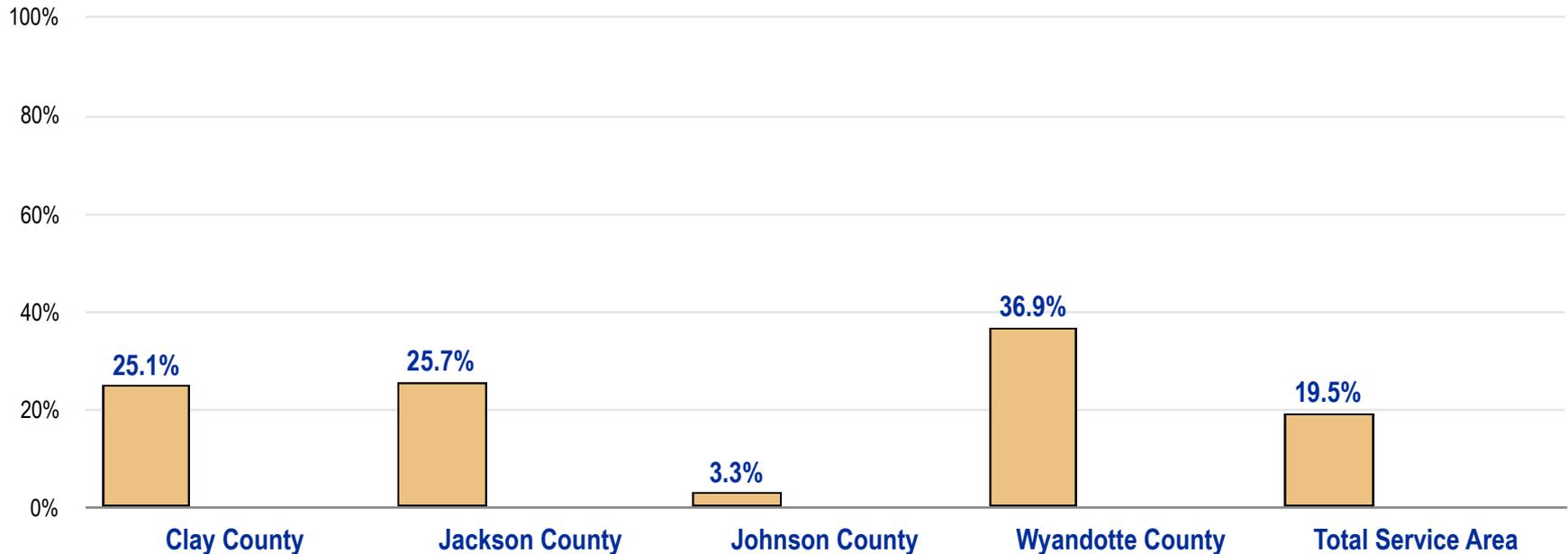
Connecting Health Care and Healthy Food Access: Lessons Learned from the Food Rx



Children's Mercy
KANSAS CITY

“Often” or “Sometimes” Worried About Whether Food Would Run Out

(Johnson & Wyandotte Counties, Kans. and Clay & Jackson Counties, Mo.,
Parents, 2015)

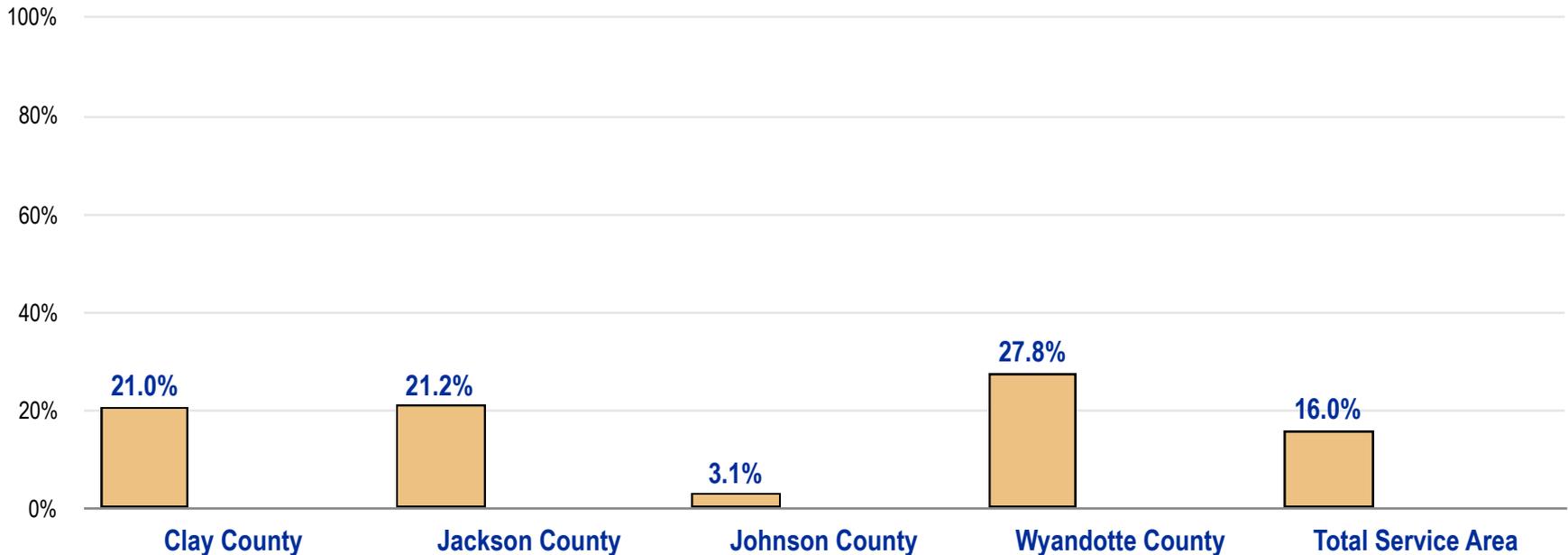


Notes: • Children’s Mercy Hospital Community Health Needs Assessment, 2016. www.childrensmercy.com/About/Us/Community_Health_Assessment
• Asked of all respondents about a randomly selected child in the household.
Source: • 2015 PRC Child & Adolescent Health Survey-Kansas City, Professional Research Consultants, Inc. [Items 326-333]



“Often” or “Sometimes” The Food Didn’t Last and Didn’t Have Money

(Johnson & Wyandotte Counties, Kans. and Clay & Jackson Counties, Mo.,
Parents, 2015)

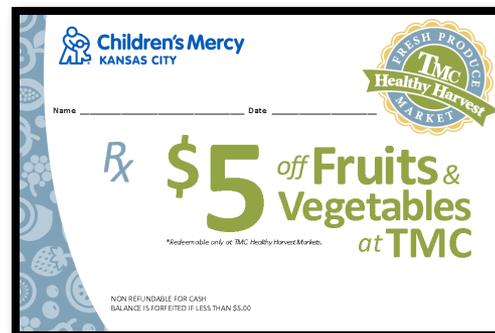


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CMH Food RX

- 2-question Food Insecurity Screening within Primary Care Clinics
- “Ordering” of Food Rx
 - \$5 coupon to TMC Healthy Harvest Mobile Market
 - Schedule of market stops
 - Fit-Tastic! tip sheet on fruits and veggies

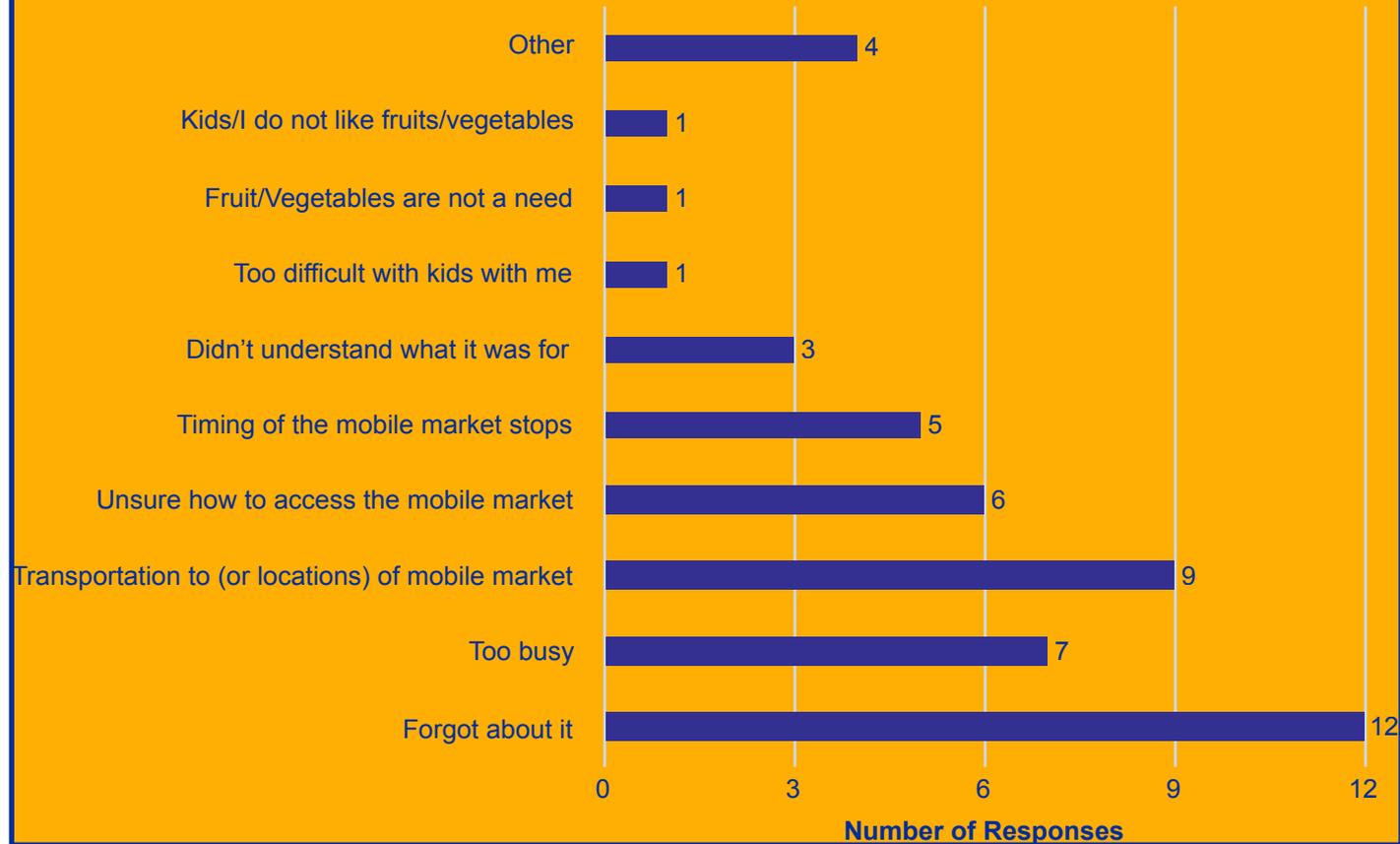


Results of Food RX

- 150 given at 2 WIC clinics
- 462 given at CMH Clinics
- Less than 5% of people redeemed the coupon across the two settings

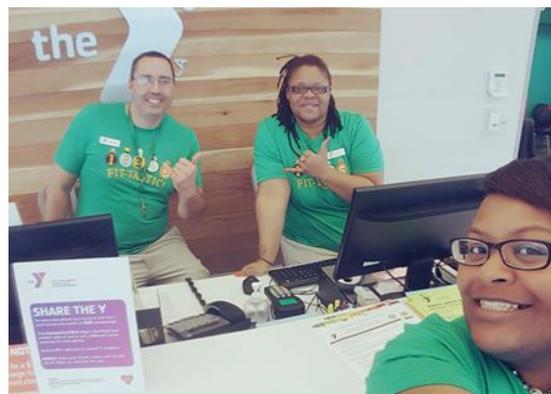


Barriers to redeeming the CMH food Rx coupon N=49 responses



What advice do you have for us? What ideas?

- More mobile market stops (times and locations)
- Rx to grocery store
- Increase the coupon \$
- Better explain the RX
- Nutrition Education (broadly)
- Information about food resources
- Providing non-perishable food bags
- Connecting to programs like WIC or SNAP onsite
- Community garden onsite

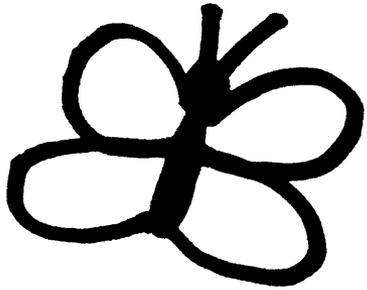


Access to Health Food- Panel Discussion

Panelists:

- Emily Brown, Food Equality Initiative
- Emily DeWit & Emily Meissen-Sebelius, CMH
- Taryn Glidewell, Harvesters
- Beau Heyen, Nourish KC
- Max Kaniger, Kanbe's Market
- Doug Langner, Bishop Sullivan's Place
- Donna Martin, Double Up Food Bucks
- Justin Moss, TMC Healthy Harvest Mobile Market





Updates

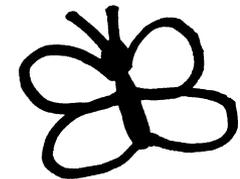
Healthy Lifestyles Initiative (HLI)

Early Childhood

Healthy Schools

Mother and Child Health Coalition

Other



Healthy Lifestyles Initiative- New Materials



Available in English &
Spanish

- Tips for choosing, storing & preparing
- Chronic disease prevention
- Healthy recipes
- Activities & brain breaks for kids

CM branded &
unbranded

New YouTube channel

- Home
- Trending
- Subscriptions
- LIBRARY
 - History
 - Watch later
 - 3 Servings of Low...
 - 5 Servings of Frul...
 - Show more
- SUBSCRIPTIONS
 - Super Healthy Kids
 - nutrition simply. 1
 - Browse channels
 - YouTube Red
 - YouTube Movies
 - Settings
 - Help
 - Send feedback

Search



1 HOUR OR MORE OF PHYSICAL



Fit Tastic
5 subscribers

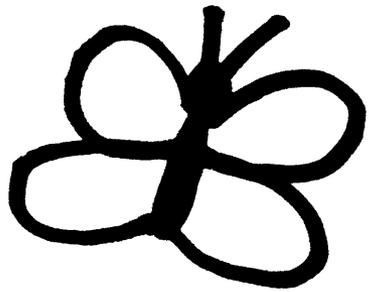
CUSTOMIZE CHANNEL CREATOR STUDIO

- HOME
- VIDEOS
- PLAYLISTS
- CHANNELS
- DISCUSSION
- ABOUT

Created playlists SORT BY

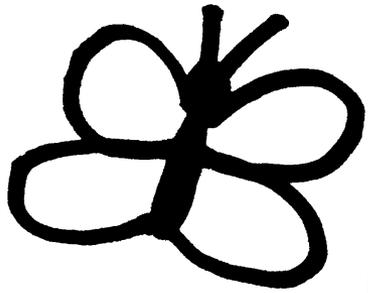
<p>3 Servings of Low or Nonfat Milk Or Yogurt Updated yesterday</p>	<p>5 Servings of Fruits and Veggies Updated yesterday</p>	<p>Cutting Fruits and Vegetables Updated yesterday</p>	<p>Healthy Eating Updated yesterday</p>	<p>12345 Fit-Tastic! in our Community Updated yesterday</p>	<p>4 Servings of Water NOT Sugary Drinks</p>
<p>How To Keep Fruits and Vegetables Lasting Longer</p>	<p>1Hour or more of Physical Activity</p>	<p>2Hours maximum of Screen Time</p>			





Early Childhood





Healthy Schools



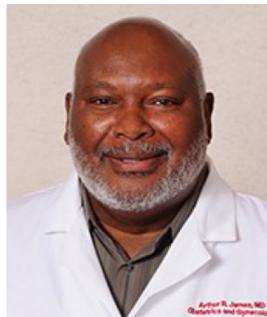
Mother & Child Health Coalition Presents

Matters, Measures and Momentum: Addressing Infant Mortality in the Kansas City Region

Sponsored by Mother & Child Health Coalition with support from Children's Mercy-Kansas City



This forum will spotlight experts on trends and contributing factors, and stimulate strategies to reduce infant mortality in the Kansas City region. Participants will be introduced to The Infant Mortality Dashboard—a user-friendly tool capturing Kansas City area data—AND participate in the development of an action agenda to improve perinatal and infant outcomes.



Keynote Speaker:
Dr. Arthur James



FRIDAY, MAY 11, 2018

8:30 A.M. – 3:00 P.M.

4.0 CEs available

Registration will begin at 8:00 a.m.

Lunch will be provided.

Please pre-register here:

<https://www.surveymonkey.com/r/MMM051118>

Delta Athenaeum

900 East Linwood Boulevard

Kansas City, MO 64109

Arthur R. James, MD, is a general obstetrician and gynecologist and associate clinical professor in the Department of Obstetrics and Gynecology at The Ohio State University Wexner Medical Center.



E-WIC rollout



kchealthykids™

- Reduce KS sales tax on food
- Efforts in MO to re-establish Senior Farmers' Market Nutrition Program & WIC Farmers' Market Nutrition Program
- Fare Food Shopping
- Farm Bill

**For more information contact:
Ashley Jones-Wisner at ajwisner@kchealthykids.org**



kansas city

Farmers' Markets

visit
KCFARMERSMARKETS.ORG

INTERACTIVE MAP 16 KC MARKETS

MAKES IT EASY TO FIND FARMERS' MARKETS NEAR YOU!

PROVIDES ACCESS TO HEALTHY AND AFFORDABLE FRUITS AND VEGETABLES!

from market to table

click to see market locations and information

Farmers' Market Season is Almost Here!

- Most Farmers' Markets in the KC area start up in April or May
- Use interactive map at kcfarmersmarkets.org to find markets near by

Filter by Market Days/Features

» Double Up Food Bucks (11) » Saturdays (8) » KC Food Circle Certified (5) » Wednesdays (5) » Founder's Favorites (4)

» Seedlings (4) » Fridays (3)

» Sundays (2) » Tuesdays (1) » Thursdays (1) » Closed (1)

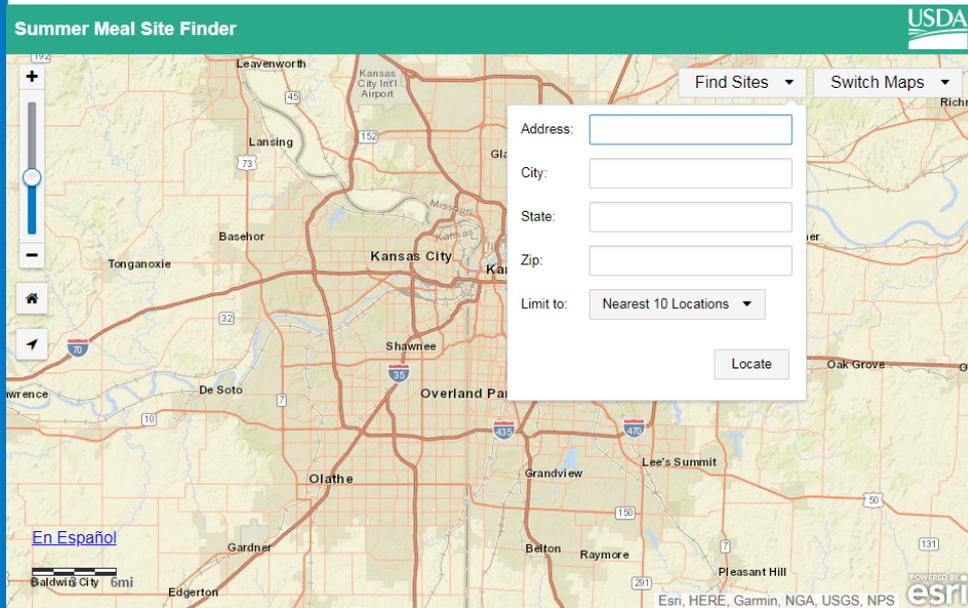
See you at market!

- Raytown Farmers' Market
Saturday, March 31
- Brookside Farmers' Market - Opening Day
Saturday, April 21
- Parkville Farmers' Market - Saturday Market Opening Day!
Saturday, April 28



USDA Feeding Sites In Kansas City Area

Free meals provided for all kids 18 years and younger, throughout the summer while school is out of session



- Federally funded program that operates in neighborhoods where the majority of families live in poverty
- Every kid, regardless of financial background, is invited!
- Visit fns.usda.gov/summerfoodrocks to use the mapping tool to find USDA summer feeding sites near by
- Note: Feeding sites will only show up on map when searched for during summer months



[Take the Quiz](#)



Upcoming Meetings

Healthy Schools Working Group

April 11th, 2018 from 2:30-4:00 p.m.

Don Chisholm first floor conference room

Early Childhood Working Group

April 26th, 2018 from 1:00-2:30 p.m.

Location TBD

in lieu of the next Weighing In Quarterly Meeting

June 27-28, 2018

Kauffman Foundation Conference Center





FACTORS OF HEALTH

ADDRESSING THE SYSTEMS INFLUENCING CHILDHOOD OBESITY

SAVE THE DATE

JUNE 27th - 28th 2018

Kauffman Foundation
Conference Center

KANSAS CITY, MISSOURI

CONFERENCE GOALS

- Bring together regional stakeholders from diverse sectors to share knowledge about and discuss the “Factors of Health” — socioeconomic factors, physical environment, health behaviors, and health care — that influence childhood obesity
- Amplify regional evidenced-based practices, community-based efforts, and policy strategies that address the “Factors of Health” in an effort to promote and sustain healthy lifestyles of the region’s children
- Recognize opportunities to leverage the systems of obesity to further programs and policies that aim to address the “Factors of Health”

WHO IS THIS FOR?



Community-based organizations
Community Health Centers
Health Departments
Early Childhood and After School Providers
School Communities
Health Care Professionals

Food System Professionals
Parent and Youth-based Organizations
Parks and Recreation Planners and Providers
Policymakers
Public Health Professionals
Researchers and Academics

For more information, contact HRSA at HRSAORORegion7@hrsa.gov

