Clean Catch Urine Collection

You have been asked to provide a "clean catch urine" to check for a urine/bladder infection. The purpose of a "clean catch urine" is to get a urine (pee) sample that is as clean as possible.

Please follow these directions to get the urine sample into the cup:

1. Wash your hands with soap and water, then dry them.
2. Use the wipes provided in the bathroom to clean your genitals (private parts).
3. **Girls:**
   - Spread your legs wide apart and gently spread the private area (labia) apart.
   - Use four of the moistened wipes to wipe from the front to the back, using each wipe only one time before throwing it in the trash.

   **Boys:**
   - Pull back the foreskin, if you are not circumcised. Do not force. Gently bring the foreskin forward after collecting the urine.
   - Use four of the moistened wipes to clean the end of your penis, using each wipe only one time before throwing it into the trash.
4. Begin to urinate (pee) into the toilet. After a few drops of urine come out, place the clean collection cup under the stream of pee to get the sample. Do not fill the cup to the top.
5. Do not touch the inside of the cup or lid.
6. Place the lid on the cup tightly.
7. Wash your hands.

Place the cup of urine in the pass-through window.

If you do the urine sample at home, keep it cool. Bring it to the clinic or lab as directed for processing.