Cystoscopy, Meatotomy, and Urethral Dilatation

**Cystoscopy** is a procedure to look at the urinary tract through a special scope.

**Meatotomy** is a procedure that enlarges the urinary opening (urethra).

**Urethral Dilatation** is a procedure that stretches the urinary opening (urethra).

Your child had a ______________________________ today.

Your child’s doctor is Dr. ______________________________.

**HOME CARE AFTER SURGERY**

**Bathing:**

- Your child may take tub baths or showers daily as usual.
- Special Instructions:
  - ________________________________________________________________
  - ________________________________________________________________
  - ________________________________________________________________

**Activity:**

Your child may return to his usual activities as he is able.

**Diet:**

Your child may eat as he usually does. Encourage clear liquids (water, apple juice, clear soda pop) for 24 to 48 hours after this procedure.

**Urination:**

Be sure your child has urinated (gone to the bathroom) within 8 to 12 hours after the procedure. There may be a small amount of pink drainage and slight burning or pain when your child urinates the first few times after this procedure.

**Pain:**

Your child may have _______________________________ (medication and amount) every ___________________________ (how often).

Have your child sit in a warm bath 2 to 3 times each day. Have him sit in the warm water for 10 minutes each time. This will help to relieve discomfort.
Follow-Up:
Call your child’s doctor’s office or clinic to schedule a follow-up appointment.

Children’s Mercy Hospital Surgery Clinic: (816) 234-3199
Children’s Mercy South Surgery Clinic: (913) 696-8570

Call your child’s surgeon or the Children’s Mercy Hospital Information Line at (816) 234-3188 if:

- Your child has not urinated in 12 hours.
- Your child has a large amount of bleeding when he urinates.
- Your child has a temperature of 101.5° F (38.6° C) or greater.
- Your child has pain not relieved by the prescribed medication.
- You have questions or concerns.

Special Instructions:

_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________