After Sedation
(After Sleeping Medicine)

On ___/___/___ your child had a _______________________ (name of test/procedure)
in the _______________________ (department).

Your child was given ______________________________________ (name of medication)
at ______________________ am/pm to make him sleep.

Sleeping medicine (sedation) affects each child differently. Since your child may be sleepy,
we suggest you carry or help him to and from the car when you go home. Use a car seat,
booster seat or seat belt to protect your child and support his head. He may doze off on the
way home.

Your child may fall asleep again for several hours at home. This is okay. He may feel sleepy
for some time. Watch him closely. Help him with things he may be too sleepy to do, like
walking up or down stairs or bathing.

When your child is awake and not sleepy:

Let him drink a few sips of water or clear liquid, such as apple juice or clear soda pop. Wait
15 minutes. If in that time your child does not throw up, choke or have trouble swallowing,
he can have whatever he wants to eat or drink.

Keep this card handy. If your child has a problem or if you have questions, call
your child’s health care provider or the Children’s Mercy Hospital Information Line
at (816) 234-3188.