Aerosol Nebulizer

An aerosol nebulizer is used to give medicine in a mist to your lungs. Aerosol nebulizers are connected to an air compressor. Your doctor has ordered the amounts of medicines that you must take and how often you should take them.

Your child’s doctor has ordered:

_____ml of ______________ to be given ________ times a day

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How to use the nebulizer:

1. Measure the exact amount of medicine your doctor ordered and place it in the nebulizer container.
2. Connect one end of the clear plastic tubing to the small tube on the bottom of the nebulizer container.
3. Connect the other end of the tubing to the air compressor.
4. Have your child sit up straight. Place the mask on your child’s face or the mouth piece in his mouth. The respiratory therapist or your child’s doctor will tell you which way is best for your child.
5. Turn on the air compressor and have your child breathe deeply and slowly.
6. Encourage your child to breathe in and out normally with occasional deep breaths.

Treatments usually take 10 to 15 minutes depending on the amount of medicine. If your child feels nervous, agitated, or dizzy or has a headache, stop the treatment. Let your child’s doctor know if your child has problems with the treatments.

Keep your child’s nebulizer as clean as possible. After each treatment, wash the nebulizer with warm, soapy water and air-dry it before the next use. At least once a week, soak the nebulizer in a solution of half water and half vinegar, after cleaning for approximately 20 minutes. Then let it air-dry.

Remember:

- Be sure to tell your child’s doctor about all the medicines that your child is taking. Some medications may affect the way the respiratory medicines work. They could also cause problems when taken with the respiratory medicine.
- If your child is receiving any bronchial hygiene therapy, be sure to give the aerosol nebulizer first.
- Let your child’s doctor know if your child needs to take the aerosol more often than ordered or if your child does not get better after the treatment.
• Keep the nebulizer out of the reach of young children. The nebulizer is not a toy and should not be shared with others.

• If wheezing and/or coughing are not controlled for at least 4 hours, you should call your child’s doctor.

• Contact your child’s home care company for additional nebulizer supplies.
  
  Home Care Company: ____________________________

  Phone Number: ____________________________