Adenoidectomy (After Surgery)

Your child has had his adenoids removed. Here are some things that you can do to help him recover.

**Medications:**

Check with your child's surgeon to see if he can take Tylenol®, Motrin®, or Advil® if he is uncomfortable after surgery. Be sure to follow the package instructions for the amount to give based on age and weight.

**Food:**

Your child can go back to his normal eating and drinking after surgery.

**Fever:**

- Call if your child has a fever over 101.0°F (38.3°C).
- Remember, not drinking enough can make your child's temperature go up.

**Bleeding:**

- Your child may blow his nose **gently** after surgery.
- If your child has a nose bleed, pinch the nose for 10 minutes. If the bleeding does not stop, take your child to the nearest emergency room.
- Check with your child's ENT doctor for other bleeding instruction.

**Activity:**

- Keep your child home the day of surgery.
- Your child may go to school or day care the next day.
- Check with your child's ENT doctor for other activity restriction.
- If your child's ENT doctor has given you other instructions, follow them.

**Call your child’s ENT doctor at (816) 234-3040 (Monday through Friday 8 am to 4 pm) or the Children’s Mercy Hospital Information Line at (816) 234-3188 if:**

- Your child has severe pain that is not helped with the prescribed pain medication.
- Your child has a temperature greater than 101°F (38.3°C) even when taking acetaminophen and drinking plenty of fluids.
- You have any questions or concerns about your child.