Barium Enema

Appointment Date and Time: _____/_____/_____ at ______________.

Your child's doctor has ordered a barium enema. This is an x-ray examination of the large intestine with barium given in an enema. This procedure will take approximately 1 hour. During the study, your child will lie on an x-ray table. A technologist will help position your child during the examination. Sometimes immobilization is necessary to help your child remain still.

Preparation:

Your child may have solid food until ________________.

Your child may have formula, breast milk, or milk until ________________.

Your child may only drink clear liquids (7-UP®, Sprite®, apple juice, or water) until ________________.

After ________________, DO NOT give your child anything to eat or drink.

For your child's safety, it is very important that you follow these instructions. Please call us and let us know if your child accidentally eats or drinks after ________________.

24 hours before the x-ray exam, give your child only a clear liquid diet (no milk products). Your child must take magnesium citrate at ________________. Magnesium citrate can be purchased at any drugstore. Follow the instructions to determine the dosage for your child based on his weight.

The morning of the x-ray exam, continue to give your child only clear liquids.

Results: Call your child's doctor 24 hours after the test has been completed to obtain the examination results.

Please arrive at the Radiology department 15 minutes before your child's scheduled appointment time. If you have any questions or need to reschedule the appointment, please call (816) 234-3270.

We welcome and encourage your involvement whenever possible during your child's examination. Therefore, we recommend that you arrange child care for your other children during the test.